

TIMES JOURNAL

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ALBANY-EL CERRITO, CALIFORNIA WEDNESDAY, AUGUST 11, 1982

★ NO. 62

Christian school to all home

By DON MCCORMACK
KENSINGTON — Berkeley Christian School is moving to Kensington where it will take over the old Jefferson school. The Richmond Unified School Board last week voted to purchase the school, located at 1 Windsor, for \$3,250 a month. Now located at the First Presbyterian of Berkeley, the religious school will move in time for a September opening, said Bruce Young, the school's principal.

The school, which has many wooded acres, was used as a school for mentally retarded children. It was concerned about fire and these children to other schools. The school later leased Jefferson to a school. Officials said the district has been collecting the rent so the school can be given to Berkeley Christian.

Berkeley Christian, which offers kindergarten through eighth grade, has about 120 students for the next year, said Young. The school is located at Berkeley limit. He added, "Christian," the school children of all denominations are from a Christian background, Young said. The school has a dress code and it was not "fundamental."

The school's taught include the traditional curriculum and science, music. The school has one computer and is planning to buy another, Young said.

The school costs \$1,500 a year kindergarten through sixth, \$1,700 for grades seventh through eighth. For more information, call 845-6308.

Local talk on cancer

EL CERRITO — Ethel H. Hagan, director of the American Cancer Society's Costa Unit, will discuss the services of the center and care of cancer patients at 12:30 p.m. Wednesday at the St. John's Senior Center, 1000 Lexington ave.



Rotate that torso

Alia, El Cerrito Community Center's teacher of belly dancing, concentrates on her movements. Student Cynthia Dittmar is in back.

—Times Journal photo by Chris Gilbert

Council okays pension tax

Future cuts still a problem

By STEPHEN BUEL

ALBANY — To the surprise of no one, the City Council unanimously enacted a one-year, \$303,000 property tax to bail out the city's badly ailing pension fund.

Before a relatively large audience of people generally opposed to tax increases, but apparently convinced of the tax's necessity, the council and Administrative Officer William Haden met with far less opposition to the tax than had been anticipated. But the Council was urged from all quarters to take prompt action to reduce the size of future pension liabilities.

"It is clear to me that there isn't enough money in the system to fund both the pension fund and operations," Haden told the council and audience of about 50. "You're looking at a really serious problem for a city this size."

Council member Anne Rotramel called the tax a "band-aid" for the

problems of the pension fund." Expanding upon Rotramel's band-aid analogy, fellow council member Henry Kruse said the council would have to begin looking for savings in the pension fund, because "sometimes a bandaid seals in the dirt."

"I regret very much having to cut down the good of the city for the benefit of this pension plan," Kruse said, "but we're going to have to do this."

The \$303,000 pension tax is a property tax of .0993 percent of the full assessed value of property in Albany, or about \$1 per \$1,000 of assessed value. The tax on an average valued Albany home of about \$85,000 will be \$84.41.

Though seemingly a violation of Proposition 13, the tax was made possible by a recent California Supreme Court ruling which permitted cities to raise taxes to offset their vested pension obligations.

Haden said the \$303,000 figure is (Continued on Page 2)

The wonderful world of wood: a look at research

By BRAD KAVA

"Son, let me give you one piece of advice. Plastics."

KENSINGTON — While most of the country was taking the advice offered to Dustin Hoffman in the 1960's film, "The Graduate," and moving into high technology industries like plastics, Kensington resident Donald Arganbright had another idea.

"There is a great future in wood."

Arganbright, 42, is the director of the University of California's Forest Products Laboratory at the UC Richmond Field Station, a laboratory that has made a high technology industry out of wood. The redwood lab, sandwiched between heavy industrial buildings along Highway 17 in Richmond, specializes in all aspects of the study of wood from seed distribution of various trees to laser light inspection of the smoothness of boards.

The need for a lab to study the intricacies of wood grew out of the increased demand for forest products after World War II. Not only were Americans thinning forests for tradi-

tional purposes like building homes and furniture or making paper and pencils, but they were also discovering new uses for trees. Artificial vanilla, cellophane tape, rayon for clothing and ethanol to power cars were popular new by products of timber.

In 1955, as resources grew scarcer and forests were stripped, the state of California established the lab to develop better methods for harvesting, processing and marketing wood products.

"I watched the prices of lumber skyrocket," Arganbright said. "When I first came to California one problem was how to get rid of bark. It was dumped into the ocean or burned. Nobody felt it had any worth. Today, it is a valuable resource. Timber that sold for \$1.50 after World War II now sells for \$250."

Finding new ways to stretch the usefulness of wood has been one of the chief objectives at the 60 person (Continued on Page 2)

The man who grows mushrooms

There's a fungus among us

By JOY IMBODEN

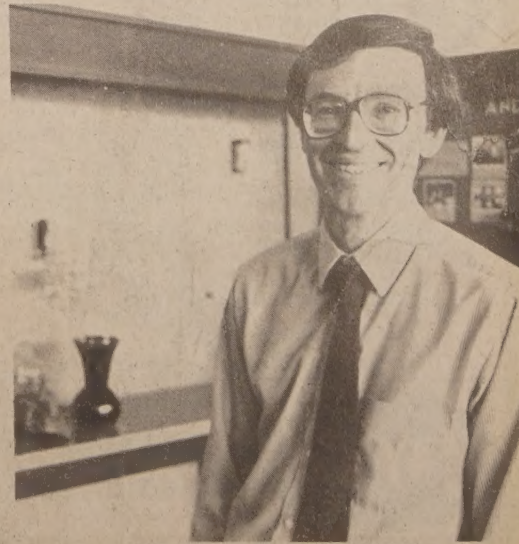
KENSINGTON — For most of us the mushroom is a marvelous morsel that enhances just about every food except ice cream. For Kensington resident Ralph Kurtzman, the mushroom is much more.

Kurtzman, a plant pathologist and owner of Mushroom Specialties in Richmond, began his love affair with mushrooms about 11 years ago while working on a project for the U.S. Department of Agriculture. He was searching for ecologically sound ways for grain farmers to utilize leftover wheat and rice straw without polluting the air by burning it. Growing mushrooms on the straw was a tidy solution.

Mushrooms are the fruits of rapidly-growing fleshy fungi. There are over 2,000 kinds on this continent, 50 of them edible, of every imaginable shape, texture and hue. The "fruit" appears seemingly overnight from nowhere, but in fact, under the surface of the composting leaves, straw or log, lies a tangle of thread-like mycelium, taking in food and grow-



Ralph Kurtzman harvesting the oyster mushroom



Lab director Donald Arganbright

(Continued on Page 2)

Council approves pension tax

(Continued from Page 1)
based upon an actuarial estimate that the city will need to contribute 20.5 percent of the outgoing payments from the pension fund in order to keep the retirement plan for ex-city employees solvent.

The \$303,000 figure is also based upon holding future pension cost-of-living-adjustments to eight percent and a 16 percent rate of interest on the fund balance, figure which Haden said could both be overly optimistic.

"No one should be fooled that if we pass this tax it will prevent us from passing a greater tax in the future," he said. A pension tax will be needed every year, he said, and it will grow larger for many years as well.

The council did meet with some opposition to the tax. Speaker Lawrence Poli told the council not to approve the tax, which he said would put him back in the financial position where he was before passage of Proposition 13.

"I am sympathetic with the people and their pensions," he said, "but I am retired too, and I have a lousy pension."

But most speakers during the public hearing favored the tax, though all

recommended that the council proceed immediately with an effort to cut the pension fund's costs by next year.

Harry Bergondy, a normally vocal opponent of tax increases, said he understood the need for the tax, but urged the council to "stand firm" on future increases to pensioners' benefits.

"I'm the worst tax hater in the world, but I admit it's got to be done," Bergondy said. "There's no sense in worrying about us protesting; the courts have ruled that we can't protest."

Dario Meniketti suggested the city put a cap on future cost-of-living-adjustments to the pension fund, a controversial move which was attempted by the city of Pasadena and recently ruled legal.

But City Attorney Robert Zweben explained that Pasadena's pension system is different from Albany's, and said the ruling was not exactly applicable. Zweben said it probably would be legal for Albany to disconnect pension cost-of-living-adjustments from salary cost-of-living-adjustments at some point in the future.

Speaker Sol Strand objected to a

description of such modifications as "the tip of the iceberg," and said, "This tip of the iceberg is really not a minor part, it's the whole ball game."

Strand said according to his rough calculations, last year's salary adjustments for city employees resulted in roughly a \$70,000 yearly increase in the pension liability. He urged the council to take action to curtail future cost-of-living adjustments before they amount to an even larger portion of the liability.

"If you look throughout the entire state of California, you could not find another 50 people who are more blessed than the members of the pension fund," Strand said.

William Meyers told council members that after they approved the tax they would have about nine months to look at "the really difficult decisions." He was critical of the city for paying into two retirement systems for its employees, Social Security and the state PERS system.

Those difficult decisions could begin next week, when the council is scheduled to discuss the formation of a "blue ribbon" committee to study in depth the pension fund's problems.

The wood research

(Continued from Page 1)

lab. One of their most recent and enthusiastically greeted discoveries has been the synthesis of a compound already found in wood that will bind wood scraps into plywood or particle board sheets. This is now done with a product made from more expensive petroleum.

Arganbright hopes that these non-petroleum glues, which are still in the experimental stages, will be widely marketed in 10 years.

Another way the lab is working to preserve a limited resource is by developing saws that will cut down on the amount of wood turned into sawdust and waste. Computer programs that trace the vibrational effect on a saw's stability and systems that will monitor a saw's sharpness through laser light will help cut down on the high cost of raw materials, according to Arganbright.

Another department that makes this lab unique is a library containing more than 12,000 wood samples. People wanting to identify a certain type of wood from anywhere in the world can have it matched up at the lab. The library has been used to settle a disputed hundred-year-old border that was marked by what was supposed to be an apple tree, it has been used to identify the origin of antique carvings, and it has been used by the FBI to track wood shavings from a murderer's car.

The \$1.3 million budget for the lab is divided between state, federal and private industry dollars, with the state giving three times as much as the other two sources. Despite this, Arganbright said the lab has not been affected by the current economic situation worse than other UC departments. The slowdown in the housing industry has affected the lumber industry's contributions some, but Arganbright says those companies that know the longterm value of research are still helping out.

As for the future of wood research, Arganbright says things are very promising.

"Throughout the world there has been a decline in forest land and productivity. Most predictions say that between the years 1995 and 2020 the demand for wood is going to exceed the supply. This makes today a very challenging and exciting time to be working on preserving this resource," he said.

Arganbright said there are many jobs available in the field. He started his career in wood products research almost by accident. After growing up in a part of Nebraska that he said "had plenty of corn but not many trees," he enrolled at the University



Researcher Barry Gammon of El Cerrito shows Bill Dost characteristics of 70-year-old

of Iowa to study forestry.

"I started in forestry because I like fishing and hunting and spending time outdoors, but I soon realized that I also liked math and engineering. Forest products research combined both interests," Arganbright said.

He came to California in 1964 and started working for the UC system as a junior researcher. In 1970 as he was about to leave for a position in Australia, a faculty position opened and after 10 years he became director of the forest research program.

Today the lab also serves as a

school program for graduates in the field of forestry. Arganbright said the lab has changed since he came to the university.

The number of students with environmental science since the early 1970s has nearly doubled, and in the field of women, in a field of 20 years ago.

As for that career, Arganbright doesn't seem to be interested.

"I wouldn't trade it for anything," he said.

Today the lab also serves as a

could supply spawn for

article catapulted him

"We had hundreds of people, and into high gear to fill the

If you're interested in spawn, mushroom, or literature, Kurtzman's Specialties is now at South Harbour Way 12.

He stocks spawn for shiitake, enoki and agaricus. You get enough spawn to grow pounds of shiitake, or mushrooms. You'll find pounds of straw corn for a catalog or stop by end between 10-30 and

In Oakland, Kurtzman (8139 Capwell Drive) mycelium already in logs. A log (\$14.99) about two pounds of mushroom. The owner, Henry Mee, the owner of a plant pathology lab in Shanghai. He carries medicinal mushrooms about Chinese herbs. Write for catalog.

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An Albany home is damaged by fire

ALBANY — A fire that broke out in a rear bedroom Sunday night caused \$90,000 damage to a house at 532 Evelyn St., according to a fire department spokesman.

The spokesman said the blaze was reported at 8:30 p.m. and two engines with three men responded. The fire was under control in 25 minutes.

Firefighters estimated the damage to the home, owned by Johanna Verschueren, to be \$40,000 to contents and \$50,000 to the structure.

The fire apparently began when a cord connected to a light fixture overheated. Most of the damage was confined to the rear bedroom and kitchen, the fire department spokesman said.

RAC sets art prize

The Richmond Art Center will hold a competition; "The 29th Annual Exhibition: Sculpture," open to all living California artists working in any three-dimensional medium.

All artists are invited to submit a portfolio of their work, comprised of a maximum of 12 slides of recent works. From these entries the exhibition will be chosen. It will be shown from Nov. 9 - Dec. 19.

Last day for submitting portfolios is Oct. 1. For further information call the Art Center, 231-2163.

Kensington's mushroom

(Continued from Page 1)

ing. It was the mushroom's ability to break down organic matter which first drew Kurtzman's attention. He

became so intrigued with mushrooms that he began raising exotic varieties at home. A year ago, an article on growing your own in *Organic Gardening* mentioned that Kurtzman

could supply spawn for

article catapulted him

"We had hundreds of people, and into high gear to fill the

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Briefs

Gators beat 'Cudas

EL CERRITO — El Cerrito's Gators edged the Berkeley Barracudas in a July 31 dual meet, 322-278, at the El Cerrito Swim Center.

Each team won 11 races in the relays, while Berkeley won 23 individual events to El Cerrito's 19.

The meet's only triple winner was El Cerrito's Kris Kalman in the 10 and under group. He won the free (34.45), individual medley (1:26.97) and back (41.30).

Double winners were El Cerrito's Chad Bosch (10 and under) in breast (48.51) and fly (43.58); Jill Rodgers (11-12) in breast (41.71) and back (37.78) and Catherine McDonald (8 and under) in breast (44.48) and fly (38.78).

The Barracudas' two double winners were Katie Orenstein (13-14), who had a 30.56 in the fly and 2:10.82 in the free relay, and Maggie Kelly (15-18), who had a 30.25 in the fly and 30.97 in the backstroke.

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Times Journal / features

Krem runs special camp for special kids

Accentuate the positive

By KEITH EASTHOUSE

ALBANY — For the past 25 years, Alex Krem has been trying to prove one thing — that retarded people are capable of doing far more than society

believes. The 73-year-old from Bulgaria has used this point to include a ground-breaking special education and an innovative recreational program called "Camping Unlimited."

The established belief is that we should teach retarded children about their differences," said Krem. "The children are full of books saying what retarded children can do. As a result, we have an accumulation of myths. All we need to do is rewrite them. We need to get a positive view of what they can do."

Before his 21-year stint as a schoolteacher at San Francisco's Grover Cleveland Elementary School came to an end in 1978, Krem had achieved national recognition as the first special education teacher in the country to "mainstream" severely retarded children.

Now quite common, mainstreaming is the practice of placing retarded and disturbed children in classes with "normal" children, such as music appreciation and basic math, where concrete skills — as opposed to abstract concepts — are emphasized.

Krem's innovation grew out of a then-radical and still widely accepted belief that the best way to teach retarded children is by treating them as far as possible like normal children.

"Retarded children are more like normal children than we are," said Krem, who quit a job as a teacher in the mid-fifties to receive his master's degree in education from San Francisco State.

Just as with normal kids, we encourage our kids to think on their own. The only difference is that these kids are going to grow and mature if we give them the opportunity to make a choice."

Krem admits that a retarded child has limits, however, this is why he also advocates a pragmatic approach to the emphasis is on teaching useful skills such as

the best way to teach them is to show them things they can feel or touch," Krem said.

Presently, Krem continues to apply his teaching philosophy in his highly successful Camping Unlimited program.

He began in 1957 when he and his wife Elsie periodically used their backyard as a campground for small groups of retarded children. The idea grew when the Kremes, an active and outdoor-oriented family, began taking retarded children with them on skiing and backpacking trips. Today, the non-profit activity organization has blossomed



Alex and Elsie Krem at home

—Times-Journal photo by Chris Gilbert

into a \$170,000 operation, involving some 3,000 children each year.

And instead of their backyard, the Kremes have built a camp right in the middle of a 45-acre piece of property they own in the Santa Cruz mountains.

When they purchased the land in the late fifties, there was nothing there but trees and a collection of old, abandoned buildings. With the help of many volunteers and U.S. Army engineers from nearby Fort Ord (they built a road back to the site and a bridge), the Kremes fixed things

up, added a couple of buildings and a swimming pool, so that now "Camp Krem" can house 85 campers and 30 counselors.

The Camping Unlimited program is two-fold, involving five two-week summer sessions at the camp and also various weekend trips and activities throughout the year, including horseback riding, Easter egg hunts and dances. While Krem said no application has ever been rejected, the waiting line for the summer camp sessions has swelled to 85 or 90 on occasion.

Though initially designed for retarded children, the program is open to normal children and adults, the emotionally disturbed and the physically handicapped.

"We've been condemned by academicians for mixing handicapped kids with one another," Krem said. "But to me there is nothing more gratifying than to see a crippled kid being wheeled around by a husky retarded kid."

The prevailing view, according to Krem, is that each type of handicap requires a different kind of teaching and that therefore children with different disabilities should not be mixed together in a learning situation. Krem feels this is the wrong path to take.

"In this society we all feel we are specialists," Krem said. "You have one group of specialists working with retarded children, another group working with crippled children and never the twain shall meet. What we are doing is creating ghettos of isolated children who are very troubled and need help."

Instead of isolating the children, Krem believes they need to be exposed to as many different people and environments as possible. To accomplish this at the camp, Krem uses what he calls "the unstructured approach."

"We object to structure," Krem said. "We call ourselves an unstructured program basically because life is unstructured. A structured program is one in which kids learn through repetition and rote; it assumes things will always be the same. You must be given an opportunity to practice the unstructured approach with these kids so that when they're on their own, surprises and changes won't be such a shock to them."

"We don't string our kids together on a rope when we

(Continued on Page 4)

Prize films set at hall

UC-Berkeley's Lawrence Hall of Science will present the award-winners of the 1982 American Film Festival during the week of Aug. 16 through 22.

Highlighting the 27-film program will be "From Mao to Mozart," "Itzhak Perlman: In My Case Music," "Soldier Girls," and "El Salvador: Another Vietnam." For a complete schedule, or the showtime

of a specific film, call the Lawrence Hall of Science at 642-5132.

Admission to the films is included in the price of admission to the Hall, and all seating is on a first come, first served basis. Cost is \$2.50 for adults; students and senior citizens, \$1.50; young people 7-18, \$1; children under 7 and LHS members, free.

For more information call the Hall at 642-5132.

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Please pardon my breath

Hang it around your neck in a garland and the vampires stay away. Eat it and people will stay away — unless they are also devotees of the stinking rose otherwise known as garlic.

At one time, the aroma of garlic on your breath was considered a social stigma and branded the odor as a sign of your rather low status in the laboring class. Today, on the contrary, the fragrance of garlic on and about your person identifies you as a gourmet and bon-vivant, knowledgeable in the culinary arts and the pursuit of elegant edibles. You may even be recognized as a medical savant since there has been considerable research and discussion on the need for healthy nutrition and the role of garlic as an agent for lowering blood pressure and cholesterol levels.

Whatever the reason, the use of garlic as a flavoring agent has been expanded to the use of garlic as a vegetable in its own right. Garlic can be mashed, pounded, pressed, diced, sliced, minced, powdered, granulated or left whole. What you do to it is what you get from it. "The more violently one breaks down the tissues in the garlic clove, the more violent this chemical reaction and the more 'violent' the garlic taste," says Lloyd Harris in his *Book of Garlic*.

Try it, you may love it

Having had the nerve and pleasure of eating cooked garlic as a vegetable, I don't hesitate to pass on my version of this recipe from Harris' book. It is delicious. Try it as a side dish with chicken.

Halved heads of garlic in sauce

4 whole and large heads of garlic (the bigger the better)

- 1 T. olive oil
- 2 T. butter
- 1 c. chicken stock or bouillon
- 1 c. any white wine
- Pinches of thyme and marjoram
- Salt and pepper

Cut the heads of garlic in half crosswise. This reveals circles of rounds of the cut cloves — very pretty. Saute them cut side down in the hot oil and butter. When brown, add the chicken stock, wine and herbs. Cover and cook until the garlic is tender. (Stick with a knife.) Add more stock or wine if needed.

Eat the garlic and the sauce by separating into bite sizes and pulling through the teeth and lips, much as you would an artichoke leaf, eating the puree. It has a delicious mild and nutty flavor. Heat from the cooking eliminates strong odor and bite.

A rose by many names

The Italians call it pesto, the Greeks call it skordalia, the Spanish call it ali-oli, and the French call it pistou. I call it great and remind you that such a garlic sauce can be used not only over noodles, but over raw or cooked vegetables. It's especially delicious over cold, sliced, boiled potatoes.

Pesto

- 1 c. fresh basil leaves, washed and dried
- 4 cloves of garlic, crushed
- 1/2 c. Parmesan cheese
- 1/2 c. olive oil
- 1/2 t. salt

Whirl in blender, adding oil slowly.

From the north of Italy where garlic is not used as abundantly as in the south comes this classic vegetable dip.

Bagna Cauda (Hot bath!)

- 6 large cloves garlic, peeled and minced or pressed
- 1 c. unsalted butter
- 1/2 c. olive oil
- 2 T. minced anchovies

Melt butter. Add garlic and oil and cook until garlic is soft. Add anchovies and cook a bit more. Serve as a hot dip for raw veggies and break sticks. Guaranteed to make everyone friends at a party.

More garlic goodies

Here's a great snack: Melt butter and saute several large cloves of finely minced garlic. Add 1 c. cooked and well drained garbanzos. Saute until golden brown. Sprinkle with salt and sesame seeds.

Cindy M. asks how to store garlic. Use a garlic keeper such as the ceramic jar made by Rosina Wilson of Calico Cat Pottery in Albany or do as my friend George taught me many years ago. Peel a handful of the cloves and put the into a small jar of olive oil, cover and refrigerate. The cloves will be fresh and ready to use as needed and will also flavor the oil divinely. Eventually use the oil in a salad dressing.

Olga Bier, an Albany resident, is a teacher, author and home economist who teaches at Contra Costa College. Anyone with questions or suggestions for the column may reach her in care of the *Times Journal*, 1247 Solano Ave., Albany 94706.

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Growth of a special camp

(Continued from Page 3)

take them to Yosemite or somewhere," Krem continued. "They all wear the same brightly colored shirts but we give them a pretty free rein. If they're constantly protected from the environment, how are they going to learn anything from it?"

Krem feels the strongest thing about his program is its lack of affiliation with any large organization. He has turned down offers from two different school districts to become part of an outdoor education department, despite the fact that such a move would have made things easier financially.

"I'm immensely happy being totally independent," Krem said. "We can try things and if they don't work we're the first to know it."

To finance Camping Unlimited, Krem depends on camp fees (it costs \$295 per camper for a two-week session) and contributions. Additionally, there is a fund-raising organization based in San Leandro called Help a Retarded Tot Society (HARTS) that was created solely to

collect money for Krem's program.

A charter member of the group, Lillian Paletta, said that HARTS usually puts on four or five fund-raising events a year. The dinner dances, golf tournaments and bridge parties generally net between \$5000 and \$7000 a year. Last year, however, HARTS went all-out, raising \$29,000 that enabled Camping Unlimited to qualify for and ultimately obtain a \$150,000 grant from the State Transportation Department.

Krem is not going to get any cash from the state, however. Instead, he is scheduled to receive by January 1 a 16-passenger van, a 20-passenger bus and a 35-passenger bus, each one equipped with hydraulic lifts for wheelchairs, fire exits, first-aid kits, portable CB radios and air conditioning. All will be more than welcome, since Krem has had to depend on private automobiles in the past.

Krem has no plans to scale down his activities with Camping Unlimited, according to his wife.

"He hopes to be around for another 25 years," she said. "He'll die with his boots on."

Advisors aid hospital

Alameda County Fairmont Hospital is seeking interested individuals to fill four vacancies on its current Community Advisory Committee.

The committee presents the community perspective to the hospital administration on such issues as service changes, hospital objectives, and budgets. Members are appointed by the director of the Alameda County Health Care Services Agency for three years. Potential members should have community and medical interests and be interested in the hospital's role in the community. For more information, contact: Dave Young, Fairmont Hospital, Community Advisory Committee, Fairmont Hospital, 15400 Fairmont, Leander, Calif.

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The entertaining language of the soda jerk

...of white sticks
...off the reel!"
...three vanilla
...to go — in a

was a uniquely American figure — the cowboy of the ice cream parlor, small town drugstore of big city fountain. Instead of a lasso, the soda jerk threw around words. He used his special lingo as verbal shorthand for calling out orders and instructions, as theater to entertain the customers and to just plain show off.

Soda jerking was, in its golden age from 1900 to 1950, a highly desirable profession. Apprenticeship as a "pearl diver" (dish-washer) was often necessary before the big break came. Soda jerks ranged in years from teen-agers to

middle-aged men. In 1906, in Fred Sander's Detroit ice cream parlor, they were "neat" young women.

Alva Elliott, head soda man at Fergers' Fountain on the busiest corner in Indianapolis, was a typical turn-of-the-century soda jerk. The 17-year-old was, according to The Soda Fountain magazine, "...a farmer boy who had never seen a soda water apparatus. He caught on and is up-to-date on everything concerning the trade."

The structure of a soda jerk's call consisted of the method of preparation, the number and size of the

order, the basic soda fountain item and special instructions. For example, "Shake a crowd of patch" was an order for three strawberry milkshakes. An elaborate number system was used as quick communication between soda jerks. The number "137" meant the boss is coming and the number "87 1/2" signaled the entrance of a good looking woman.

Following is a small sampling of soda jerk jargon. The list has been selected from one compiled by Paul Dickson in his ice cream history, "The Great American Ice Cream

Book," published by Atheneum in 1972. Based on the work of several linguists and folklorists, the list is an abbreviated one, for each region of the country, city or town and individual soda fountain had special calls of its very own.

After you have read through it, go ahead and string a few calls together, and you'll be talking the language of the "licensed fizzicians."

ADAM'S ALE - water
BELCH WATER - glass of seltzer
BLACK STICK - chocolate ice cream cone
BREAK IT AND

SHAKE IT - eggs in a drink

BUCKET OF HAIL - small glass of ice

CITY JUICE - water

CROWD - three of anything

DOG SOUP - water

ECHO - repeat the order

EIGHTY-ONE - glass of water

EIGHTY-SEVEN - AND-A-HALF - attractive female

FIFTY FIVE - root beer

FORTY-ONE - lemonade

GEORGE EDDY - customer who leaves no tip

GLOB - plain sundae

HOLD THE HAIL - no ice

HOUSE BOAT - banana split

L. A. - a la mode

M. D. - Dr. Pepper

NINETY-EIGHT - the manager

NINETY-FIVE - customer leaving, not paying

NINETY-NINE - head soda man

ON WHEELS - to go

PATCH - strawberry ice cream

PEST - assistant manager

SPLA - whipped cream

THIRTEEN - one of the big bosses is around

THROUGH GEORGIA - chocolate syrup added

VAN - vanilla

VANILLA - pretty girl out in front

WHITE COW - vanilla milk shake

WHITE STICK - vanilla ice cream cone

Soda jerks had dozens of manuals and formularies containing many hundreds of recipes — always called "formulars." The "Spatula Soda Water Guide," first published in 1901, contained more than 1,000 formulas for syrups and ice cream dishes in its fifth edition in 1919. There were 25 banana split formulas alone. E. F. White, the editor, published formulas for the "Fluffy Ruffles," "Square Meal Sundae," "Brown Stone Front Sundae," "Football Sundae," "Baseball Special," "Texas Girl Sundae," the "Quite-A-Thing" and the "Hug-Me-Tight Sundae."

"Let's Sell Ice Cream," published in 1947 by the Dairy Training and Mer-

chandising Institute, was the last of the great soda fountain formularies. This manual contained classic ice cream concoctions and original creations from particular ice cream establishments. One such super sundae, the "Washington Monument," came complete with an "architectural" plan — a detailed line drawing illustrating for the soda jerk how it should be "constructed." The following formula for the "Washington Monument Sundae" was a house specialty at Weile's of Washington, D.C.

6 different flavors of ice cream
chocolate syrup
raspberry syrup
nuts in syrup
bananas
whipped cream
candy decorates (blue and red)
whole cherries

Into a very tall glass put 1/2 ounce chocolate syrup and 1 No. 30 dipper (about 1 and 3/4 inches in diameter, normally the scoop for parfaits and ice cream "sampler" bowls) vanilla ice cream. Add raspberry syrup and 2 or 3 slices of banana. Then continue by alternating with syrup, nuts, and ice creams of different flavors, using a total of 6 dippers of ice cream. Place a half banana upright in center on top, forming the height, and cover with plenty of whipped cream. Sprinkle with red and blue candy decorates and 5 whole red cherries around the top edge of the glass. Insert small American flags.

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Briefs

Alliance for Arts election

The Contra Costa Alliance for the Arts will elect members of the board of directors on Sept. 1. Aug. 15 is deadline for submitting applications for a board seat. Only residents of Contra Costa County may apply.

CCAFTA is a county-wide private, non-profit, public benefit corporation which has the following goals:

•To work towards developing a consistent arts curriculum in the schools.

•Serve as a supplemental and service group to existing art resources in the county, avoiding duplication and competition.

•Implement a strong partnership between business and the art/cultural community.

•Be a strong advocate on the issue of the place of art and cultural action in the development of the county.

CCAFTA has a 29-member board serving some 162 community organizations. They range from the National Assembly of Community Arts Agencies to the California State Department of Education, community advisory commissions, American Association of Museums, homeowners associations and medical societies.

There is presently representation on the board from Concord, Pittsburg, Martinez, Danville, Richmond, Walnut Creek, Lafayette, Antioch, Hercules, Byron, Pleasant Hill, and El Cerrito.

For more information and application form, write CCAFTA, P. O. Box 543, Martinez, CA 94553, or call 372-2045.

Referral aid for women

Women's Referral Service, Inc. is a free community telephone service providing the names of qualified women professionals in San Francisco and the Bay Area.

Businesses available for free referral include research companies, printers, dentists, insurance services, estate planners, repairs, physicians, marriage counselors, and many more.

Information or free referrals may be obtained by calling 221-1751, Monday through Friday, 9 a.m. to 5 p.m.

High school sets reunion

St. Vincent High School of San Francisco, class of 1952, will hold a class reunion Aug. 14, at the Fisherman Restaurant in Burlingame.

Husbands or escorts are invited, but not required. Reservations are necessary. If you are a member of the class of 52 from SVH and have not received an announcement, contact Frances Schue McFarland, 604 Cypress Ave., Millbrae, Calif. 94030. Call 589-8341.

Ells High reunion Aug. 21

The Harry Ells High School class of 1977 will be holding its five-year reunion Saturday, Aug. 21, at the Blue Dolphin in San Leandro.

A no-host cocktail hour at 6:30 p.m. will be followed by dinner at 7:30 and dancing from 9 p.m. to 1:30 a.m. Cost is \$20 per person. Deadline for reservations is Aug. 15.

For further reunion details or if you have information on the addresses of the following alumni, call Eula Lewis, 237-9690; Terry Lico, 234-3098; or Debbie Black, 235-9013.

Lawanna Adams, Nancy Alves, Linda Basket, Marietta Begay, Wendy Booth, Donna Carter, Jose Chabre, Tamara Colbert, Trina Dickson, Gwen Eastman, Rick Espinosa, Gilberto Garcia, Ricky Grimes, Susan Hancock, Linsie Hegebauer, Julie Henry.

Janet Hollingsworth, Vera Kimble, Nina Kinery, Doug Lawson, Doug Logston, Theresa Magbanua, Valerie McGee, Angela Neely, Olinda Nichols, Melvin and Tony Nickles, Bertha Pacheco, Ronnie Paysinger, Dennis Roos, Jaime Sanchez.

Annie Thomas, Michelle Thomas, Kent Walker, Helene Washington, Donny Williams, Mona Wivagg, Binh Phan Vu.

Castlemont reunion set

Oakland's Castlemont High School graduates from 1929 through 1943 will hold a reunion at Goodman Hall in Jack London Square on Oct. 2.

Alumni may contact Herc Fini, '34, at 489-8637, or George Craig, '34, 893-9657 for details.

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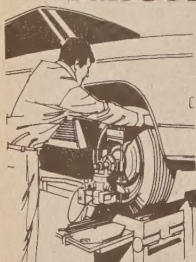
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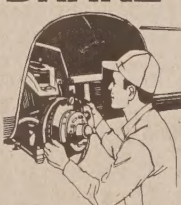
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—Photo by Peggy Love

Three for the money

Narsai David (left), founder of the Kensington restaurant that bears his name, is also president of the board of directors of the Berkeley Repertory Theatre. He is shown accepting a \$2,500 check

from the Bank of America Foundation, presented by bank vice-president Leo Sullivan. The Rep's producing director Michael Liebert looks on with satisfaction.

Club holds open house

The best maintained and most representative of Julia Morgan's buildings in the

East Bay, the Berkeley City Club is an historical landmark and is listed in the National Registry of Historic Places.

Built as a meeting place for civic women's groups, the Berkeley City Club was promoted and financed by women. Architectural tours will be open to the public on Sunday, August 29, from noon to 5 p.m.

Admission is \$1.50 per person. For more information call 848-7800. The club is at 2315 Durant Ave., Berkeley.

Cops offer crime aid

ALBANY — The Albany Police Department is offering information involving Neighborhood Alert programs, since crime prevention requires the involvement of all citizens.

Officers have visual, written and demonstration materials to assist any concerned citizens.

For information regarding crime prevention or hosting a Neighborhood Alert meeting, call crime prevention Officer Murdo or Officer Koehne at the

Albany Police Department, 525-7300.

Home safety book offered

The "Home Safety Handbook," available free from Assemblyman Tom Bates, gives important information on protecting the home's interior and exterior from burglars.

To receive a free copy of the handbook, contact the office at 3923 Grand Ave., Oakland, phone 464-0786.

An honor for Hazel Todt

Tribute from the Red Cross

By PAULINE METZ

EL CERRITO — Hazel Todt was presented recently with the American Red Cross' coveted Clara Barton Medal for her steadfast and productive service to the organization over the past four and one-half decades.

Todt, an El Cerrito resident, accepted the award at the annual meeting of the Berkeley-West Contra Costa Chapter held at Spenger's when tribute was paid to her as the local chapter's Volunteer of the Year and to more than 1,000 volunteers who help their neighbors in Hercules, Rodeo, Pinole, San Pablo, Richmond, El Cerrito, Albany, and Berkeley.

Todt started her Red Cross career 45 years ago by volunteering to be the fund-raiser at her junior high school in Berkeley. Since then, she has never stopped trying to raise money for the Red Cross.

"I believe in the Red Cross for many reasons," Todt said. "Not the least is the fact that for every dollar's worth of social service delivered in our neighborhoods, it costs \$3 if it comes by way of Washington, D.C.; \$2 if it comes via Sacramento or city hall; and only 37 cents if it comes through us Red Cross volunteers."

Todt points out that the Red Cross' need for funds is now desperate and that volunteers also are needed more urgently today than ever before not only by Red Cross but other volunteer organizations.

"I have read that President Reagan's budget cuts could cost America's 800,000 voluntary agencies \$27 billion," she continued. "And some other billions have been cut from the budgets of federal, state, and city organizations involved with social service programs."

The need for qualified volunteers of the local Red Cross chapter is so critical that Todt is devoting every minute of time she can muster to solve this critical challenge, according to Red Cross manager Joan Campbell.

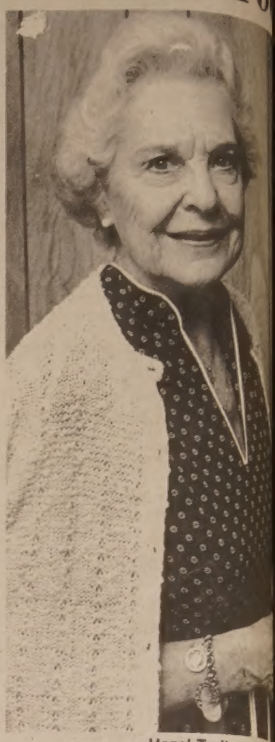
"We are looking at non-traditional ways of recruiting qualified volunteers," Todt said. "We will ask our volunteers to hold Tupperware-type house parties so we can bring to them video-tapes showing the jobs that need to be filled and the good they can do by joining us. We will be going directly to local businesses to talk to employees about volunteering as teams. We are even asking that companies volunteer some of their equipment such as word processors."

"It's a different ball game today. We Red Cross volunteers need to be entrepreneurial-minded. At the same time, we need the sensitivity and finesse to accommodate trade-offs between financial and program goals."

Most of the cases in which Red Cross gets called upon for help are disaster cases such as fires, floods, and mudslides, as well as service to military families, she pointed out. "We make sure that the basic human needs of victims are met with food, shelter and clothing," she said. "Between July 1 of last year and June 1 of this year, 90 families were helped so far, mostly in the west Contra Costa area because of the torrential rains that caused widespread flooding and mudslides."

She said when Amtrak derailed, the local chapter opened up two shelters; helped 10 families after an apartment house fire in San Pablo; and in the aftermath of three disastrous fires in Richmond, provided other families with food, clothing and temporary lodging.

Her spirit of volunteerism extends to many other groups. She is a past president of two PTA units, member and past president of the Berkeley Soroptimists; member and past president of the Berkeley Motion Picture and TV Council, past chairman of the Northern California TV Council, past building fund chairman of the Berkeley-East Bay Humane Society; past chairman of the Women's Division of the National Safety Council, charter member of the California Association of Women Highway Safety leaders, member and past president of a chapter of the



Hazel Todt

PEO (Philanthropic Education Organization) member and past president of Kensington Area Women's Club.

In 1970, she was named Citizen of the Year by the Cerrito Jaycees. She is married to Alford Todt. The couple has two daughters and five grandchildren.

Officers elected at the annual meeting were: R. Erickson of Berkeley who was reelected to consecutive term as chapter chairman; Robert Berkeley and Ray Sypyt of Richmond, vice chairmen; Henry Garber of Berkeley, secretary-treasurer.

New directors are Barney Nicholson, Gansner, Henry Garber, Margaret Sparks, Barsotti, Brian Brennan, Dr. Roger Hilt, Edward Rebarbach, Dennis Taylor, Steven Porras, Berkeley.

For information on how you can help the Red Cross either financially or as a volunteer, call the office at 3200 Macdonald Ave., or Berkeley, 525-1430, 845-1430.

Class set on the draft

The Berkeley Draft Counseling and Resource Center will be conducting a workshop covering the basic information necessary to become a draft counselor.

The workshop will be held Saturday, Aug. 21, at Unitas House, 2700 Bancroft Way, from 9-5.

Those interested should call 845-2728 for information and pre-registration.

Class set on childbirth

A three-week course designed for women in the early trimesters of pregnancy will cover nutrition, exercises, childbirth choices, and preparation for nursing.

The class will meet Wednesday, Aug. 18, 25, and Sept. 1 from 7 to 9:30 p.m. at Planned Parenthood Hilltop Center, 3050 Hilltop Mall Road, Richmond.

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Police beat

ALBANY

Police report the following incidents for the week of August 8:

August 2
Two boys, ages 13 and 16, were arrested and charged with attempted theft of some bicycles from the front of a house.

August 3
The police department requested a warrant on two men in the theft of several car stereos from automobiles at the Gateview condominium complex.

August 3
An automobile parked north of Gateview on Pierce Avenue had its passenger side window smashed in, resulting in the theft of a Blaupunkt AM/FM cassette player worth approximately \$50.

August 4
Edward Leon Gendron, 61, of El Cerrito, was arrested and charged with driving under the influence of intoxicants. He was released on citation.

August 4
A pair of Pioneer box car speakers were stolen from a car parked along the 600 block of Kains. The speakers were valued at \$150.

August 4
A Blaupunkt AM/FM cassette car stereo worth \$30 was stolen from a car parked in the 700 block of Cleveland.

August 5
A home in the 1000 block of Talbot was burglarized of \$50. The thief gained entry to the house by breaking a window.

August 6
William Blean Kilgore Jr., 57, of Richmond, was arrested and charged with driving under the influence of intoxicants. He was released when he posted 10 percent of bail.

August 6
A house in the 900 block of Tulare was entered through an unlocked back door and burglarized of \$181 in money.

Escher's art to be shown

Original lithographs by M.C. Escher are featured in an exhibit on illusion in art at U.C. Berkeley's Lawrence Hall of Science. The Escher prints, which illustrate a variety of themes and styles developed by the artist from 1925 and 1956, are on temporary loan to the Lawrence Hall of Science. The exhibit is open daily from 10 a.m. to 4:30 p.m., and Thursday evenings until 9 p.m. Admission to the Hall is \$2.50 for adults, \$1.50 for students and senior citizens, \$1 for young people 7-18, and \$0.50 for children 6 and under and LHS members. For more information call 642-5132.

Mail bag

A happy teacher

I am writing at this time to thank you for the feature that you did on my travel agency class in June. As a result of this publicity, my agency has been very well patronized this summer. I consider my travel agency classes to be in a community service, I am grateful to have this program promoted by your excellent newspaper — which truly provides us with interesting news about our local community we live in.

Thank you!
Marianne Ridge
Berkeley
P.S. My next class for people interested in the travel agency business will be given at the El Cerrito Community Center in October.

Have time to aid elders?

ALBANY — Persons who can spare one to four hours per week are needed for the Albany Senior Center.

Director Marguerite Wilson says the center needs telephone answering, simple clerical work, transporting meals, designing simple menus and assisting with meal assignments.

The center is located at 644 Masonic Ave., 644-1000.

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A 14 year old Berkeley boy was arrested for petty theft. He was later released into the custody of his mother.

August 7
Renee Bernard Moss, 19, of Berkeley, was arrested after he was released pushing a Yamaha 100 motorcycle down the street. Bail was set at \$3,000, and Moss was transported to Berkeley Albany Municipal Court.

August 8
A business in the 900 block of San Pablo was broken into via a smashed window. It is not known whether any property was taken.

Seventy-eight dollars and sixty-five cents were taken from a business in the 600 block of San Pablo. Two suspects were involved in the theft; one kept the register attendant occupied while the other stole the money from the open register drawer.

EL CERRITO

Police report the following activity for the week ending August 8:

August 3
Jerome West was arrested and charged with driving under the influence of intoxicants.

Linda Jean Galvin was arrested and charged with theft, petty theft, and possession of narcotics or specified non-narcotics without a prescription. Bail was set at \$1,000.

August 6
Richard Edward Sielert was arrested and charged with burglary.

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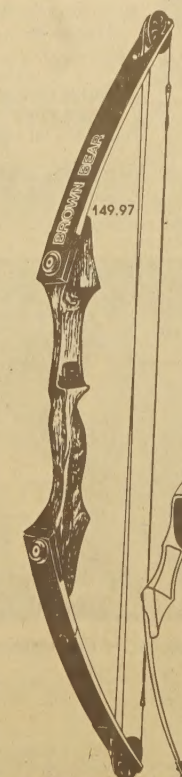
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ALBANY — About 130 guests attended the cocktail and dinner party given recently by Erwin Marcos as a 70th birthday present to his wife, Irene. Because Irene has been an avid golfer for many years (she started playing golf in 1929), Erwin chose a golfing motif for the affair held at Mira Vista Country Club in El Cerrito. Assisting him were Irene's daughter, Barbara Buzdon of San Ramon, and son, Robert Gaillard of Novato.

Each of the 15 dinner tables was centered with the banner of a golf club — Pacific Grove, the Monterey Peninsula Area Golf Club, Spy Glass, Del Monte, Pebble Beach, Laguna Seca Golf Clubs and others.

Before dinner, guests joined Irene and her husband in a putting contest outside of the clubhouse, and Erwin gave everyone a golf ball on which the words "Irene Marcos is 70" were printed.

The birthday cake, was

decorated to look like a golf course, complete with "grass" (green coconut), golf hole, ball, and sand traps made of brown sugar. Name tags consisted of a round badge with a picture inside of Irene swinging a golf club with the words "Irene Marcos Swings Into 70." Decorating the walls were blown-up photographs depicting various stages of Irene's life going back to 1929.

Her children gave a recap of her past, from school days through to her working career when she was with Clorox Company for about 10 years in the '30s and then went into business, Crabtree's Printing, which she ran for 15 years before retiring. She was also active in PTA, Soroptimists, Quota Club,

and the Women's Council of the Navy League.

Erwin presented the birthday toast and led guests in singing "Happy Birthday." An accordionist entertained and dancing followed dinner.

Among guests were Irene's grandchildren, Michelle, Debbie, and Tim Gaillard; Gaylene Buzdon and twins Marc and Darlene Buzdon; Erwin's son, Wayne, his wife, Marcia, and children Scott and Randy of Houston, Texas; Erwin's brothers, Edwin and wife Marie of Martinez, Melford and Alice of Rodeo, Beno and Dorothy of Rodeo; nieces Barbara Lowry and Marsha Fausset of El Cerrito; Ralph and Audrey Hill, Ernest and Eve Navellier, Robert and Miriam Grimm, Nino and

Dorothy Petroni, all of El Cerrito; Larry and Helen Baum of Albany; Brian and Ruth Bonington of Orinda; Wes and Olga Sheehan of Oakland; Richard Pryde and Clare McNeerney.

A former resident of El Cerrito, Irene and her husband now live in Albany at Gateview. Son Bob is in public relations with the San Francisco Giants; and daughter Barbara is an Avon district representative.

The Marcoses attended the U.S. Open at Pebble Beach where they stayed at her condominium during the week-long tournament.

—By Pauline Metz

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The growth, care and cooking of mushroom

Of shiitake, enoki, chanterelle and boletus

By JOY IMBODEN

When I was eight, Mr. Novak came to repaint our house. Every day he would arrive in his ancient paint-spattered automobile, unload his canvas tarp from the rumble seat and set up his ladders. As soon as he was safely engrossed in his work, my sister and I would clamber into the rumble seat. To play? No. To count the daily crop of pale-yellow mushrooms that grew out of his damp, straw-stuffed seat cushions.

We never learned whether or not Mr. Novak's mushrooms were one of the 50 edible varieties found in the United States. Even at our tender age we knew that you needed to be a mushroom expert before eating those not commercially grown. Besides, we disliked mushrooms—probably because we children were rarely offered them—they were Company Fare. (We always knew when guests were expected because my mother added mushrooms, sherry and cream to the entree. The children ate Franco-American spaghetti in the kitchen.)

The common mushroom

Mushroom consumption in this country is, well, mushrooming. Although we lag way behind France, Italy and Germany, where mushroom consumption is as high as 14 pounds per person per year, Americans eat nearly three

and most valuable crop, strawberries, trails way behind at \$12,000 an acre. Grape sales are \$1,580 an acre, walnuts \$568.)

Although revenue is high, so are production costs. Mushrooms are grown in the dark in special environmentally controlled sheds. Harvesting is done by pickers wearing miner's lamps on their helmets. (Light can cause the caps to dry out and crack.) At the end of each growing cycle all the spent compost is removed and the space is sterilized. The mushrooms must then be stored at 35 degrees and shipped in refrigerated trucks because moisture loss is revenue loss.

When you buy mushrooms in the store, the older ones with open caps are a better value because they've lost some of their moisture and the flavor has become more concentrated. The tight fresh ones are best for salads. You can figure on getting about six cups of sliced mushrooms to the pound.

Store mushrooms in a paper bag in the vegetable crisper of your refrigerator. Plastic bags cause them to become slimy.

One cup of fresh raw mushrooms contains 20 calories, 2 grams of protein and a number of important trace minerals. The shiitake mushroom contains twice as much protein.

For more information about mushrooms and free recipe booklets, send a self-addressed, stamped business-size envelope to Carol Franz, Castle and Cooke Foods, P.O. Box 3928, San Francisco, CA 94119.

The book I found fascinating is *Answers to Your Mushroom Questions plus Recipes* by Donna Myer, available for \$3.95 at Kurtzman's Mushroom Specialties in Richmond. Her bibliography is excellent too.

The gourmet mushrooms

As more cooks experiment with international and haute cuisine, the demand is growing for the more exotic members of the mushroom family—shiitake, enoki, oyster, straw, morel, chanterelle and boletus. These have been available in dried or canned form, but now produce markets carry certain varieties fresh.

Oyster (Pleurotus)—This pale grey or beige mushroom comes in a cluster of caps that resemble oyster shells. The flavor is delicate, but can be bitter raw. They sell for \$2.50 a pound and up. Use small whole ones to garnish almost any dish—remove stems and saute the caps quickly in a little butter with dash of lemon juice, salt and pepper.

Shiitake (Oriental Black Forest Mushroom)—Fresh shiitake have a marvelous rich flavor that enhances western food as ably as it does oriental dishes. At the Monterey Market in Berkeley they've been selling for about \$3 a pound—but in many stores you can expect to pay up to \$5 a pound. Dried shiitake (\$2.75 an ounce—about seven mushrooms) can be reconstituted easily by soaking in water for 20 minutes before cooking. (Discard the tough stem.) Try the very simplest treatments first—sliced and sauteed briefly in a little butter or stir-fried in a small amount of oil with some onion, garlic and a dash of oyster sauce.

Enoki (Flammulina velutipes)—This Japanese mini-mushroom is becoming readily available in 3½-oz. bags (98 cents). Pale yellow in color, the enoki grows in dainty long-stemmed clusters. Good raw in salads, lovely as a garnish in clear soups. The flavor is bland and slightly sweet. Cut off the tough root ends before serving.

Straw (Volvariella)—A summer mushroom that fruits when temperatures are above 85 degrees, the pretty straw or golden mushroom is available canned in the ori-



Mushroom burgers are served with horseradish sauce.

ental foods department of most supermarkets. It is used to flavor and decorate Chinese specialties.

Morel—This waffled wild fungus is the darling of mycophiles. In season in the late spring, it costs at least \$14 a pound, if available. You must wash them carefully just before cooking because creepy critters share man's fondness for these woodland delicacies. Saute the sliced morel in a little butter, add a splash of heavy cream, salt, pepper and an optional grating of nutmeg. Simmer briefly till lightly thickened then serve with boiled new potatoes or fresh noodles to set off the earthy flavor. (I fixed some last week for my family. The man of the house swooned over the depth of their flavor, while the children and I felt they were good, yes, but we'd have rather spent the money on scallops or smoked salmon.)

Chanterelle—Like the morel, this mushroom is picked in the wild, is hard to find and costs about \$14 a pound. If overcooked they become tough. Many chefs substitute the shiitake for the chanterelle without loss of face.

Boletus edulis (also known as cepes, porcini, steinpilz)—Available dried and canned in specialty shops. I recently purchased some dried from South America at "Made to Order" in Berkeley for \$7.25 a pound—a remarkably low price when you realize that it takes 10 pounds fresh to make a pound of dry mushrooms. Many fine Italian sauces use these, reconstituted. Their mellow, nutty flavor makes for a tasty vegetarian tomato sauce for spaghetti, especially when you add some red wine during the simmering.

And now for the feasting

The following recipes can be prepared successfully using the common mushroom, but for adventure's sake,

experiment with some of the other varieties.

CLEAR MUSHROOM SOUP

Simmer the following ingredients together 20 minutes:

- 4 cups chicken broth
- 2 thin slices ginger
- 1 carrot, peeled and sliced ½-inch thick
- 2 leeks, well-washed, sliced ½-inch thick
- ¼ lb. sliced shiitake or other mushrooms
- 1 cup shredded cabbage
- Add:
- 1 cup cooked spaghetti, noodles or rice
- A few frozen peas or chopped scallions

Serves four.

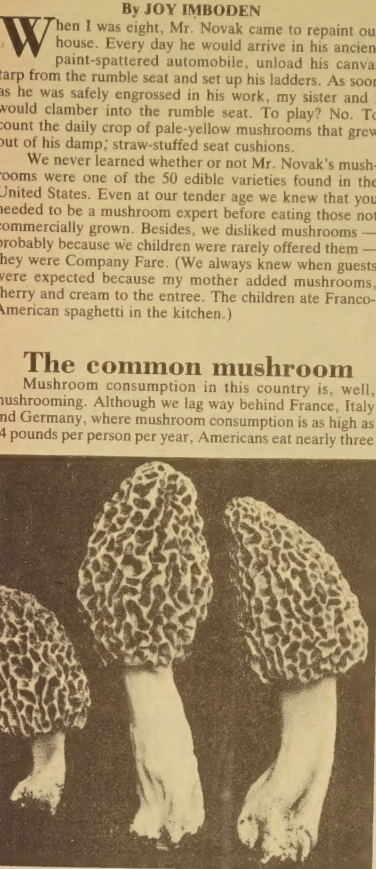
Mushrooms are conveniently shaped to use the small size for appetizers and the large ones for entrees. Stuffing ideas abound—here are a few:

STUFFED MUSHROOMS

(with variations)

- 16 large fresh mushrooms
- ¼ c. olive oil
- ½ small onion, minced
- 2 cloves garlic, minced
- ¼ cup chopped parsley
- ½ pkg. frozen chopped spinach, drained
- 2 pieces of bread, torn and whirled in blender
- 1 cup ricotta or cottage cheese
- ½ cup freshly grated Parmesan cheese
- Salt, pepper, dash of nutmeg to taste
- Remove stems from mushrooms. Brush with oil and place them on a baking sheet.
- Chop mushroom stems and saute them in oil with onion and garlic. When the onion is translucent and cook till it wilts. Stir in remaining ingredients.

(Continued on Page 11)



Morels are the darling of mycophiles

times as many mushrooms as we did a decade ago. Californians lead the nation, consuming 3 pounds per person annually.

Until recently the only fresh mushroom available in this country was the familiar beige *agaricus bisporus*. This mild flavored variety sells for about \$1.60 a pound and is good raw or cooked.

Mushrooms are a crop with two special advantages. They can be grown indoors without light and they can be grown in stacks of planting beds, five layers high.

The Bay Area has become a prime mushroom growing center in recent years. According to the Agricultural Commissioners Reports, in 1979 only 93 acres produced \$14.5 million in sales, which is a whopping \$156,000 per acre—about 100 times as many dollars per acre as the average Bay Area crop. (By way of comparison, the sec-

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open jobs

1 T. sesame seeds, lightly pan-roasted
Cut off mushroom stems so they are level with the caps and reserve for another use. Whirl onion, garlic and ginger in blender with ¼ C. water to make a smooth paste. Heat oil in a 10-inch skillet over medium flame. Pour in paste (keep face averted) and stir-fry 8 minutes till paste is golden brown. Lower the flame and add tomato sauce, coriander, cumin, salt and peppers. Cook for another minute then add mushroom caps, lemon juice and ¼ C. water. Mix well, bring to boil and simmer gently 15 minutes, stirring occasionally. Serve with some of the sauce and a sprinkling of sesame seeds.

Officials of the Social Security Administration at the Western Program Service Center in Richmond have announced that the Office of Personnel Management is accepting applications for Social Insurance Claims Examiner, GS-4 positions.

Individuals who pass a written test and have either two years of administrative, professional, technical or investigative work experience or two years of college credit (60 units) will be considered for these positions located at the Western Program Service Center in Richmond. Salaries start at \$11,490 per year, potential to \$17,634 per year (GS-8).

Call the Office of Personnel Management's Federal Job Information Center at 556-6669 to obtain application material, or 556-6667 for general job information. Applicants may also call 231-5014 for specific information about the duties of this position.

The following recipe from *Madame Chu's Cooking School* (Fireside paperback — \$4.95) features straw mushrooms and lettuce.

STRAW MUSHROOMS IN OYSTER SAUCE

1 head iceberg lettuce cut in 1-inch chunks
1 T. cornstarch
2 T. bottled oyster sauce
¼ C. vegetable oil
½ t. salt
1 can (15 oz.) straw mushrooms, drained, but liquid reserved

Combine cornstarch, oyster sauce and ¼ cup of mushroom liquid to make a paste. Heat half the oil in wok or skillet and stir-fry the lettuce for one minute. Add salt and remove to serving platter. Heat the remaining oil and stir-fry the mushrooms for one minute. Add cornstarch paste and mix well. Pour over lettuce and serve immediately. Four servings.



Stuffed mushrooms
are a popular party
dish.

Photo courtesy
Castle & Cooke Foods

(Continued from Page 10)
mushrooms into mushroom caps and bake at 400 degrees for about 20 minutes. Serves 4 as a vegetarian main

NOTES:

Bacon: Brown 8 slices of bacon and use ¼ cup of the fat for sauteing vegetables. Add crumbled bacon before baking.
Sausage: Use 8 oz. Italian sausage, browned and placed in the ricotta. Add an egg to bind.
Cheese: Substitute 4 oz. feta cheese for the Parmesan. Add 1 T. finely chopped fresh mint.
Pepper: Substitute finely chopped green or red pepper for the spinach and grated cheddar for the Parmesan.

Crab: Fill caps with mixture of 1 cup crabmeat, 1 T. mayonnaise, 1 T. curry powder, 2 T. each plain bread crumbs, chopped scallion tops, chopped cilantro. Sprinkle mixture of 3 T. each bread crumbs and grated Parmesan.

The following pate makes a rich spread for sesame seeds or dip for raw vegetables. It's good in sandwiches with sliced onion or cucumber for cool crunch.

MUSHROOM-ALMOND PATE

¼ cup slivered almonds, lightly toasted in frying pan or

1 lb. mushrooms, sliced
1 small onion, sliced
2 cloves garlic, minced
1 T. butter
1 t. thyme
1 t. salt
1 t. to taste, pepper
1 T. salad oil

Sauté the mushrooms, onion and garlic in butter over high heat. Add seasonings and continue to cook, occasionally stirring, till most of the liquid is evaporated. Add 2 T. of the nuts in a blender or food processor and grind. Gradually add the salad oil while stirring. When mixture is creamy add mushroom mixture and stir till smooth. Stir in reserved nuts. Serve at room temperature.

Substitutions: Use walnuts in place of the almonds or the nuts and oil with a 3-oz. package of softened cheese.

MUSHROOM BARLEY CASSEROLE

1 T. butter
1 lb. sliced mushrooms (common, shiitake, oyster or cremini)
½ cup onion, chopped
½ cup pearl barley
1 cup chicken, beef or vegetable stock
Salt and pepper to taste
In a skillet, sauté mushrooms and onion in half the butter for 4 minutes. Remove to a 2-quart casserole. In the same skillet, sauté barley in the remaining butter till light brown. Add half the stock and heat to simmer. Pour into casserole with mushrooms. Cover and bake at 350 degrees for 30 minutes. Add the rest of the broth, add it to the casserole, recover and bake 30 minutes more, adding salt if necessary. Sprinkle with a handful of toasted slivered almonds or parsley for a garnish. Serves 6.

MUSHROOM BURGERS WITH HORSE RADISH SAUCE

1 lb. mushrooms, finely chopped
1 cup rye or wheat bread, whirled in blender to crumbs

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2 eggs, lightly beaten
¼ cup chopped scallions
¼ cup chopped walnuts
1 t. salt
½ t. thyme
Vegetable oil for frying

Combine all ingredients in a bowl. With lightly oiled hands form four patties. Heat 1-inch oil in skillet and fry patties till browned on each side, turning once. Serve on buns, if desired, with slice of red onion, lettuce and horseradish sauce, made by whipping ½ cup heavy cream and folding in 1 T. prepared horseradish.

It's too easy to get in a continental rut with mushrooms, marrying them with cream or olive oil, wine or lemon juice. Instead, give your taste-buds a lift with the fragrant seasonings of northern India. The following recipe comes from Madhur Jaffrey's marvelous new cookbook, *World of the East Vegetarian Cooking* (Knopf paperback — \$9.95).

SAUCED MUSHROOMS NORTHERN INDIAN STYLE

1½ lb. small mushrooms
1 medium sized onion, chopped
4 cloves garlic, mashed
½-inch slice ginger, peeled and chopped
4 T. vegetable oil
3 T. tomato sauce
2 t. ground coriander
1 t. ground cumin
½ t. salt
Black pepper and cayenne to taste
1 T. lemon juice

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Have time to aid elders?

ALBANY — Persons who can spare one to four hours per week are needed by the Albany Senior Center.

Director Marguerite Carlson says the center needs telephone answering, compiling simple clerical records, transporting meals, designing simple graphics and assisting with special assignments.

The center is located at 846 Masonic Ave., 644-8500.

Stroll by, see the art

ALBANY — The newly formed Albany Arts Committee will sponsor an art show in front of the Albany Library during the Solano Stroll.

The stroll is scheduled for Sunday, Sept. 19 from 1 to 5 p.m. Albany artists and craftspeople interested in displaying their work should contact Ronnie Davis at 526-3720.

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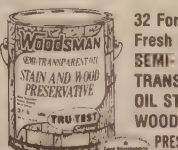
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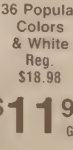


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Bogue's new book tells tales of Mormons

EL CERRITO — Local author Lucile Bogue's historical novel, "Salt Lake," has just been published by Pinnacle Books.

Winner of a recent National Writers Club Award, the book is the story of the Mormon settling of Salt Lake City. Historically accurate, the book is already being considered for filming.

"I hope that after all the years I put into this book, it will not be shredded before getting on the bookstore shelves, which seems to be

the fate of many paperbacks these days," Bogue said.

"No one seems to know why this idiotic system goes on, but the average life of a paperback is two weeks on the book rack! If it isn't sold by then, the cover is ripped off and returned for refund, and the books shredded! Crazy? Of course! But all writers are a little crazy or they wouldn't be writing."

Since her retirement as Dean of Anna Head School in Oakland in 1972, Bogue

has earned a degree in playwriting, written five books, many plays, and "mountains of poetry." One play has been published, another is under consideration at A.C.T., and yet another at Berkeley Repertory Theatre.

"Bloodstones," a book of poetry, was published by Golden Quill Press in 1980, while a dance biography, "Dancers on Horseback: The Perry-Mansfield Story," is being published by Strawberry Hill Press of San Francisco.



Lucile Bogue

Briefs

Ellis Island plays at Albany Library

ALBANY — The Albany Library's Family Concert series will conclude with a performance by the old world folk band, Ellis Island, on Thursday, Aug. 12 at 7:30 p.m. at the Albany Library, 1216 Solano Ave.

Ellis Island is a group of musicians who seek to preserve the musical traditions brought to this country through European ancestors. They play folk dance tunes, Yiddish songs, freilachs, polkas, waltzes, mazurkas and tangos.

Much of this music is now known as "Klesmer"

music, from the Yiddish word for music.

Ellis Island was formed in 1980 as an East Bay Folk Music Club and includes Carol Ginsburg, flute, Steve Scott, guitar, Jim Rebham, accordion, and violin.

The program is sponsored by the Albany Library, Inc. and is free. For further information, please contact Elizabeth Overmyer or 526-3720.

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Times Journal / section two

An L.A. kid who became Conservative Investor'

Some investment advice from an 'Eligible Bachelor'

By PENELOPE KRAMER

ALBANY — When he was a boy, Jay Goldinger, recently named one of the Bay Area's "Ten Most Eligible Bachelors" by San Francisco Magazine, played the market like kids now play Pac Man.

At the age of 10, his idea of a good time was curling on the Wall Street Journal and by the time he was 16 he was working for a Los Angeles brokerage firm.

Goldinger had his own television program, "The Conservative Investor," since he was 24, and he manages investments for hundreds of wealthy clients from his offices in Las Vegas, and Beverly Hills.

Working in an Albany restaurant recently, Goldinger, a pale, slender man who gestures quickly with his hands, said he's still having fun with high finance.

He said he became interested in the stock market as a child because it was so changeable.

He was fascinated by trying to predict which way it would go," he said.

Goldinger, a pale, slender man who gestures quickly with his hands, said he's still having fun with high finance.

"When the morning comes that I wake up and I'm not just real excited to go to work, that's when I quit."

He should give 110 percent every day. I tell my employees, "If you're not 110 percent here, just go home again tomorrow."

Goldinger, who spends his weeks in Berkeley and flies back to his home in Albany's Gateview neighborhood the weekend, was one of more than 100 people named in San Francisco Magazine's quest for the area's 10 most eligible bachelors. His name was submitted by a friend.

In the screening interviews, he said, "most of the time I told them 'I'm King Kong.' I told them 'I'm just a person.'"

Goldwards of Eligible Bachelorhood included participation at a party at the top of the St. Francis Hotel.

Goldinger told his employees "if you're not 110 percent here, just go home and start again tomorrow."

Goldinger appeared on local talk shows, and a number of letters and phone calls.

Basically, he said, the honor hadn't changed his life.

He can get carried away with it," Goldinger said. "Some of these guys, I think they started swelling to the size of the room. Some of them thought they were going to get married the day because they would meet Mr. Right."

He just has to take every day as it comes."

His weekly financial forecast newsletter, Early Wire, Goldinger is now advising most investors to invest in "hard asset bargains" like diamonds, houses.

He predicts that any item investors have to pay for is borrowed at high interest is going to keep its value.

That deals are becoming terrible deals," he said. "The market is in the tank, and it's going to get a lot worse."

He said the problem with real estate had nothing to do with interest rates: "It has to do with interest rates. If the interest rates were 20 percent and they were 25 percent, everybody would be buying."

He gave advice to any family that's looking for a house. "I'm looking at the table with one finger for emphasis, to pick out your dream house, and go rent elsewhere."

Later, the price of your dream house will have more than all the rent you've paid. Dream houses come like nooses around your neck."

Goldinger advises investors to "go for something safe, like liquid," like highly rated discounted corporate government bonds or money market instruments, these offer safety, liquidity and a break on income."

He says, he could never write a book giving general advice to all investors. An investment program should be tailored to each individual.

Goldinger said the American economy is "stuck in a quagmire and can't get out." He predicted that interest rates would stay relatively high as would unemployment.

He predicted a "continuing deep recession, characterized by high unemployment, many bankruptcies and many sectors of the economy in the intensive care ward for a long time."

The Reagan administration, he said, is doing "as much as they can" to end the recession "within the confines of a spend-happy Congress."

Congress, he said, should be "cutting spending across the board so that everybody gets hurt."

Those who want to protect the poor by saving social programs are wrong, he said.

"Every sector of this economy could make an argument why they shouldn't be cut. The hell with it," he said, with a sharp hand gesture. "Cut everybody."

He said poor people should support Reagan in spite of cuts in social programs because "he really does want to get government off your back."

The poor should realize that cuts are needed, he said, because "otherwise we'll be stuck in a recession. They're going to get it either way."

Goldinger learned self-reliance early. Though his father has been a big part of his life, he said the family has been split apart a number of years.

"It wasn't the most close-knit of families."

When he was young, his parents were often away on trips, and after they divorced, he and a friend got their own apartment. Goldinger was 16.

"I grew up alone a few years," he said. "I hustled around to stay alive."

"You gotta survive. You gotta survive."

At 21, while he was finishing his degree in economics at UCLA and looking for a job, Goldinger decided to draw attention to himself by sponsoring conferences for investors. His plan worked, and he was hired by Reynolds Securities, which is now part of Dean Witter. He now works for the firm of Cantor, Fitzgerald and Co.

He likes Albany, Goldinger said, because the pace is so much more relaxed here than in Los Angeles.

"It's nice to catch a plane up to San Francisco and lay back for the weekend," he said.

He especially likes Gateway: "I like it because it's next to the freeway," he said. "The constant noise puts me to sleep at night."

"Some people say they like the ocean. I need the freeway."



Jay Goldinger

be appropriate to the individual's age, tax bracket and "what they're comfortable with."

"Until I know your situation, I don't want to give you advice," he said.

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"Some people say they like the ocean. I need the freeway."

Goldinger said that during his career he had made mistakes — "more than anybody you know" — in his investments.

"The only way you get good in this business is to make mistakes and learn from them," he said.

The money to pay for those mistakes? — "you earn it. And then you lose it, and earn it again."

"You dance over some land mines and get blown up a few times."

"You have to realize it's a zero sum game," he said. "The pie is money. If I make a lot of money, somebody's got to lose it to me."

"People treat their investments like a hobby. It's not a hobby. Because there are people like me who'll take everything, because if I don't, you'll take it from me."

Clothing art shown

"Image on Clothing" is an exhibition of recent work by artists Birgitta Olsen and Joy Stockdale at Pacific Basin School of Textile Arts, 1659 San Pablo Ave. in Berkeley.

Hours are Monday through Friday, 11 a.m. to 4 p.m., Saturday, 1-4 p.m. The exhibit closes Sept. 17.

Stockdale makes silk garments which give the appearance of hand painting. Her designs incorporate floral, geometric and landscape forms.

Olsen is showing crocheted vests and knitted sweaters, mostly of animal fiber which she spins and in some cases dyes.

Club plans fashion fete

The Berkeley City Club fashion show and luncheon will be held Aug. 18. Social hour begins at 11:30 a.m. with luncheon buffet at 12:30 p.m. at the club, 2315 Durant Ave., Berkeley.

Theme of the show is "Fall '82 Fashion & You" and will feature ladies' fashions from Larry Parks, and men's clothes from George J. Good.

Lucille Senger and Bette Smith, both of the Thousand Oaks area, chair the event. Commentar will be provided by Larry Parks on the club terrace and Ruth Gotzenberg in the auditorium.

In charge of decorations is Viva Liner. Hostess arrangements were made by Jenny Wolfard, and piano music will be courtesy of Marie Hansen.

Art classes set for kids

A children's summer art day camp will be held August 16-27, 9:30-12:30 at Richmond Art Center.

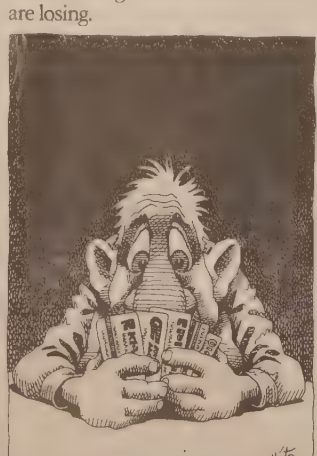
Classes in painting and drawing, puppetry, and theater jazz make up the session, which meets four mornings a week. Fee is \$50.

For more information and registration, call the Art Center, 231-2163, Tuesday-Thursday 9 a.m. to 4:30 p.m.

4½ MILLION AMERICANS WENT BROKE AT CARDS LAST YEAR.

Not poker or gin rummy or blackjack. But Master Card and VISA and American Express.

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According to an article in Time magazine (May 31, 1982), over 4½ million people in this country had serious debt problems last year.

It doesn't happen all of a sudden. It sneaks up on you.

The things you buy during the month are just little things. No diamond necklaces, no big deal. But they add up.

At the end of the month you get the bill and it's \$400 and you ask yourself shall I pay it all or just send them \$20? What the heck, you send \$20.

And the pattern builds on itself. And the debt load builds.

And maybe you're forced to "consolidate your debts" with a second trust deed on your house.

And then you start using your credit cards again.

Just little things. No diamond necklaces, no big deal...

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just as if it were a credit card. So you don't have to carry around a lot of cash.

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There's nothing inherently wrong with credit cards. Just with the way some people use them.

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Allstate savings

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just as if it were a credit card. So you don't have to carry around a lot of cash.

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It's like paying by check without the bother of writing a check or convincing the clerk your check is good.

Our VISA Debit Card looks like a VISA credit card, and is accepted wherever VISA credit cards are accepted, which is almost everywhere.

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Briefs

Track meet set for visually impaired

The first opportunity for the visually impaired of Northern California to compete in an organized athletic event will be held at Bud Winter Field Saturday, Oct. 2 under the sponsorship of San Jose State University's Office of Disabled Student Services and Department of Human Performance and the San Jose Airborne Association.

The 1982 Northern California Track and Field Championships for the Visually Impaired will include standing and running long and triple jumps, the high jump and shot put in the field events; and 60, 400, 800, 1500 and 3000 meter runs and the 1500 meter walk in the track events. There also will be a special jump rope event.

Distance events will be run with escorts. The sprint is run along a guide wire. Competition is divided by sex, degree of visual impairment and age.

According to Richard Wishpack of San Jose, meet director, athletic competition for the blind is relatively new. Anyone interested in the meet should contact him at (408) 267-3592 or through the San Jose Airborne Association, 1732 Don Ave., San Jose, 95124.

Musical set by youths

The Bay Area Youth Theatre will present the musical "Godspell" on Aug. 21, 22, 25 at 8 p.m. and Aug. 28 at 2 p.m. at the Julia Morgan Theatre, 2640 College Ave., Berkeley.

Tickets are \$3 for senior citizens and children, \$4 for adults.

"The Wizard of Oz" will play on Aug. 18 and 27 at 8 p.m., Aug. 21 and 29 at 2 p.m.

When an individual's blood pressure is measured, the numbers are based on degrees called millimeters-mercury (mm-hg). When you have your blood pressure taken, be sure to find out just what your two numbers are.

The top reading is the systolic and the bottom number is the diastolic reading.

According to the State of California Hypertension

Program's Protocols on Detection, Evaluation, and Treatment of High Blood Pressure, individuals below the age of 34 are referred to a second reading if their blood pressures are recording at anything higher than 150/90 mm-hg. These readings are based on a statewide estimate. Some local physicians, members of the East Bay Health Provider's Physician Advisory Task Force, have modified

this information for East Bay Communities because of a larger percent of blacks, who have a high risk of high blood pressure. What they recommend for referral cut-off points is age 15-30, 130/90 mm-hg; 31-50, 140/90 mm-hg; 51-66, 150/90 mm-hg; and over 65, 160/90 mm-hg.

For referrals or pamphlets on high blood

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The Liquor Barn has the Best Jug Prices in Town.

Carlo Rossi	Chablis, Burgundy Rhine, Vin Rose or Pink Chablis	4 Liter	\$3.66
Mountain Castle	Chablis, Burgundy Rhine, Vin Rose or Rhine	3 Liter	\$2.99
Summit	Wine in the Box, Chablis, Burgundy, Vin Rose or Rhine	4 Liter	\$4.69
Almaden	Chablis, Burgundy, Rose or French Colombar	4 Liter	\$5.67

Varietals Zinfandels

Louis Martini	1978	750 ml	\$2.69
Beringer	1979	750 ml	\$2.99
Montevina	White Zinfandel 1980	750 ml	\$3.29
Montevina	1980, Montino	750 ml	\$3.95
Foppiano	1977	750 ml	\$4.58
J. W. Morris	1980, St. Amant	750 ml	\$5.28
Carneros Creek	1980, Yolo	750 ml	\$5.33
Fetzer Scharffenberger		750 ml	\$5.97
Clos Du Val	1979	750 ml	\$8.87

BEST BUY

Estrella Zinfandel 1978
Outstanding Varietal Character,
Full Bodied
with Lots of Fruit.
Long, Soft Finish.
750 ml **\$2.99**

Chardonnays

Wente	1979	750 ml	\$4.29
Foppiano	1980	750 ml	\$6.29
Liberty School	1979	750 ml	\$5.98
Bargetto	1980	750 ml	\$6.88
Franciscan	1980 Estate Napa	750 ml	\$6.99
Simi	1980	750 ml	\$7.50
Sunrise	1980	750 ml	\$8.41
J.W. Morris	1980, Monterey	750 ml	\$8.42
Mill Creek	1980	750 ml	\$9.48

Classic Magnums

The Liquor Barn has an Extensive Selection of Cork-Finished Premium Magnums.			
Vincelli	Red or White Table Wine	1.5 Liter	\$3.33
Robert Mondavi	Vintage Red or Vintage White	1.5 Liter	\$3.99
Fetzer	French Colombar Zinfandel, Gamay Beaujolais or Blanc de Blanc	1.5 Liter	\$5.28
Riverside Farms	Red & White	1.5 Liter	\$3.99

Summer Sparklers

Everyday Great Values At The Liquor Barn			
Andre	White, Pink or Cold Duck	750 ml	\$1.99
Lejon	White, Pink or Cold Duck	750 ml	\$2.69
Cordoniu	Brut Classico	750 ml	\$3.98
Korbel	Brut or Extra Dry	750 ml	\$6.98

Sparkler of the Week

Paul Cheneau	750 ml	\$4.34
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Outstanding Spanish Value
Lively carbonation. Crisp clean flavors
with a lovely dry finish. Perfect for a
Sunday Brunch.

Gin

Tanqueray	Imported 94.4 Proof	750 ml	\$9.85
Christies Gin	Imported 94.4 Proof	1.75 Liter	\$14.98
Gordon's Gin	80 Proof	1.75 Liter	\$10.69
Seagram's Gin	80 Proof	1.75 Liter	\$10.78
Gilbey's Gin	80 Proof	Liter	\$5.98
Stanton's Gin	80 Proof	1.75 Liter	\$6.98

Canadian & Irish

Seagram's V.O.	750 ml	\$7.98
Canadian Club	750 ml	\$7.98
Windsor Canadian	1.75 Liter	\$10.98
Canadian Hill	1.75 Liter	\$10.28
Bushmills Irish Whiskey	750 ml	\$8.99

Vodka

Smirnoff	1.75 Liter	\$9 ⁶⁹	
Gordon's	Liter	\$5 ³⁵	
Wolfschmidt	1.75 Liter	\$8 ⁸⁸	
Gilbey's Vodka	Liter	\$4 ⁹⁹	
Kaviana Vodka	1.75 Liter	\$6 ⁹⁶	
Rasnoff Vodka	70 Proof Diluted	1.75 Liter	\$6 ²⁸
Stolichnaya	80 Proof	Liter	\$11 ⁷⁹
Finlandia	100 Proof	750 ml	\$11 ³⁵

Scotch

Chivas Regal	12 Year Old	750 ml	\$13.99
J & B Scotch		Liter	\$13.99
Hedges & Butler	Bottled in Scotland 80 Proof	1.75 Liter	\$13.98
Old Smuggler	86 Proof	1.75 Liter	\$10.98
Peter Dawson		Liter	\$7.69
Dunlvet	86 Proof	1.75 Liter	\$9.98

Bourbon & Blends

Ancient Age	1.75 Liter	\$10 ⁵⁹
Ten High	1.75 Liter	\$9 ⁹⁸
Yellowstone	1.75 Liter	\$9 ⁹⁸
Old Crow	1.75 Liter	\$9 ⁹⁸
Seagram's 7 Blended	1.75 Liter	\$11 ⁹⁸
Kessler Blended	Whiskey 1.75 Liter	\$9 ⁹⁸
Coldbrook Blended	Whiskey 1.75 Liter	\$8 ²⁸

Rum & Tequila

Bacardi	Silver or Amber	1.75 Liter	\$9.98
Myers Planter's Punch		1.75 Liter	\$18.98
Ron Rico	151 Proof	750 ml	\$8.49
Ypico Brazilian Rum	Light or Dark	Liter	\$13.98
Jose Cuervo White		Liter	\$7.99
Sauza Gold		Liter	\$8.99
Gusano Rojo	"With the Worm"	750 ml	\$11.48
Senorita	White or Gold	1.75 Liter	\$9.39

Cognac & Brandy

Bisquit V.S.O.P.	750 ml	\$14.98	
Remy Martin V.S.	750 ml	\$14.59	
Courvoisier V.S.	750 ml	\$14.55	
Marc Roger	French Brandy	1.75 Liter	\$12.98
Korbel Brandy		1.75 Liter	\$12.98
E & J Brandy		Liter	\$7.77

Liqueurs

Galliano	750 ml	\$13.99
Kahlua	750 ml	\$8.48
Bailey's Irish Cream	750 ml	\$11.99
Pisang Ambon	750 ml	\$12.51
San Giorgio Amaretto	From Italy	\$7.98
Steel	Peppermint Schnapps	\$6.98
DeKuyper Triple Sec	750 ml	\$5.98

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Churches

ALBANY

First Baptist Church of Albany
Worship service on Sunday begins at 11 a.m. with a prayer service. The church is conducting the annual service on the Richmond Rescue Mission conducting the service in the absence of the pastor, Alan Newlove. Sunday school classes begin at 9:30 a.m.

On Monday at 10 a.m. there will be a prayer meeting in the sanctuary of the church. On Monday at 7:30, the Albany Couples Fellowship meets at 832 Lexington St., El Cerrito.

Wednesday mornings at 9:30, a pre-school children's group meets in the nursery of the church. The church is located at 1319 Solano Ave., Albany. Phone 525-6832.

St. Alban's Episcopal Church
Wednesday at 11:30 a.m., the Rev. Warren DeWitt will conduct a service of Holy Communion and prayer.

On Sunday, Aug. 15, Rev. Debenham will preach and conduct the Holy Eucharist at the 8 and 10 a.m. masses. He will be assisted by Nabil Jacob, lay reader. Those who wish to receive the laying on of the hands are directed to the back of the church after communion.

The senior choir, under the direction of Rita Dows, will sing the offertory anthem "We Come Unto Thy Father." Ushers are Stan Gardner and John Munce. A prayer service follows the 10 a.m. service, with Michael and Margaret as host and hostess.

The church school will start at 10 a.m. in the parish hall. James Lamb will direct this week. The theme is "Nursery care is provided."

On Wednesday, the rectors and his wife, there will be a welcome back dinner Friday, Aug. 13 at 6:30 p.m. in the parish hall. Following the dinner Elizabeth Bonney will direct the presentation of a "semi-annual parish meeting."

The Refugee Committee asks that people contact the office secretary, 525-1716, if they have any material for bedding to be used by Laotian refugees. The church is located at 1501 Washington Ave., Albany. Phone 525-6442.

Albany United Methodist Church
On Sunday, Aug. 15, at 11 a.m., the pastor, the Rev. Dr. Hilton will speak on "Pray for Me," based on Matthew 6:10-12. This will be the last of a three-part series on prayer and congregational life.

Following the service there will be a Family Fellowship luncheon.

On Wednesday, the quilters meet 9:30-3:00, the group 12:30-3:00.

The church is located at 980 Stannage Ave., Albany. Phone 525-6442.

EL CERRITO

Bay Area Seventh Day Baptist Church
The church and its pastor, the Rev. Stephan, invite the public to attend services every Saturday at the chapel of the Methodist church at 6830 Stockton St., El Cerrito. Service, 10:30 a.m.; Sabbath school, 11:00 a.m.

Botluck lunch is held every Sabbath immediately following Sabbath school. All are invited to bring a dish to share.

A home Bible study group meets every Thursday at 7:30 p.m. in a convenient location in El Cerrito at a membership fee. The public is invited. For more information, call 527-3055.

El Cerrito United Methodist Church
The church is located at 6830 Stockton Ave., El Cerrito. Phone 525-3500.

Grace Lutheran Church

On Sunday, Aug. 15 at 9:30 a.m., the Rev. O.R. pastor emeritus, will speak on "For the Full Life," based on Hebrews 5:11-6:10. Holy Communion is celebrated the second and fourth Sunday of each month. Sunday school and Bible class follow at 10:30 a.m.

At 9:30 a.m. on Thursday, Aug. 12, the sewing and quilting group will meet in the Parish Hall, followed by a group-own lunch at noon.

The church is located at Santa Fe and Ward in El Cerrito. Phone 525-9004 or 525-1078.

KENSINGTON

Arlington Community Church

On Sunday, Aug. 15, the Rev. Ken Barnes will speak at the 11 a.m. service. He will speak on "Pleasure in Obedience" based on Deuteronomy 28:47-51 and John 15:1-17. A special offering for "A Safe Place," a shelter for abused women and children, will be taken.

A meditation and healing service will be held at 6 p.m. in the chapel. Child care during the service is available on advance request. Call the church office mornings: 526-9146.

Wednesday worship begins at 6:15 p.m. with a potluck supper, followed by a service at 6:45 p.m.

The creation of a banner for the October celebration of the 50th anniversary of the church will be discussed at a meeting of the Women's Group on Aug. 20 at 10 a.m. in the church library.

Church members have earned \$420 for the church by serving as candidates for the State Board of Optometry examination.

The church is located at 52 Arlington Ave., Kensington. Call 526-9146.

First Unitarian Church of Berkeley

An active singles group meets at the church every Tuesday at 7:30 p.m. Each Tuesday at 6:30 p.m. there is a potluck followed by activities for all ages.

The church is located at 1 Lawson Road, Berkeley. Phone 525-0302.

THOUSAND OAKS

Epworth United Methodist Church

At the 10 a.m. service on Sunday, Aug. 15, Pastor and Slope will officiate. A special children's message will be given, followed by an invitation for babies 3-5 and children to participate in a craft-story time. Baby care and other care for ages 1 1/2 to 3 years is provided.

Immediately following the service is a coffee time. Youth-adult education classes are from 11:20 a.m. to 12:30 p.m.

Adult school plans autumn registration

ALBANY — Albany Adult School will begin registration Aug. 16 for the 10-week fall quarter, Sept. 6 to Nov. 19.

Enrollment and course admission is on a first-come, first-served basis until the particular class is filled.

Those wishing to register early for fall classes may do so on weekdays at the MacGregor School, day office 601 San Pablo Ave., from 9 to 11 a.m. and 1 to 3 p.m. Adults also pre-enroll at the evening office at Albany High School, between 6:30 and 9 p.m. on Sept. 8 or 9. There is no residency requirement.

An adult school schedule may be obtained at libraries in Albany, El Cerrito and Kensington and all Albany schools starting August 23. Information on how to enroll, by mail, in person or at the first class meeting is also available by telephoning the school office at 526-6811.

noon. The theme is "Roots and Hopes of Ethnic Persons." This week's class will be a special program on hymns from the Third World, and will be led by Donna Hamilton, a lay speaker of the church and a musician.

The last children's event for the summer, a family campout at Tilden Park, will be Aug. 20-21. Participants should meet at the church on Friday at 4 p.m., and the event will last until noon Saturday. Call the church for details.

The children's and adult choirs practices Thursdays at the church at 7:30 p.m. Seven different children's play groups meet weekdays at the church with a range of groups for ages 12 mos. to 3 1/2 years old. Interested persons should call 527-4013 for information on playgroups, and 524-2921 for other activities.

The young adults of the church meet on alternate Monday evenings for social events, discussion and service. A summer fun retreat is also scheduled. For information call Dave Bunje at 546-6929.

The church is located in the Thousand Oaks neighborhood of north Berkeley at 1953 Hopkins St. Phone 524-2921.

Thousand Oaks Baptist Church

On Sunday, Aug. 15 at the 10:30 a.m. worship service, the first anniversary of the separate English and Mandarin worship services will be celebrated. At the close of the services the two congregations will meet for lunch and a sharing of blessings.

Church school classes for all ages begin at 9:30 a.m. and are conducted in both English and Mandarin. A Junior Church for first through sixth grade is held. On Sunday mornings at 8:45 a.m., a young adult group meets for a continental breakfast and a discussion led by Frank DeWitt. All young adults of the community are invited to join.

On Tuesday, Aug. 17, a prayer breakfast will be held at the church from 7:30 to 9 a.m. Breakfasts will be held on Tuesday mornings for seven weeks.

On Wednesday at 6:15 p.m. a family fellowship potluck supper will be held. Bible study in English and Mandarin will be held at 7 p.m. The choir will be on vacation until September.

On Saturday from 7:30 to 9 p.m. all who are interested are invited to come to the church for an evening of fellowship and exercise, volleyball, ping pong and badminton.

The church is located at the corner of Colusa, just north of Solano Avenue.

EAST BAY

Chinese Rhenish Church

This bilingual (Cantonese and English) Lutheran church welcomes the public to worship every Sunday at 11 a.m., with Sunday school classes for all ages at 9:30 a.m. The pastor is the Rev. Loke Hoy-San.

The following weekly classes are offered: English Bible study, Wednesday, 8 p.m.; Chinese Bible study,

Thursday, 8 p.m.; youth fellowship, Friday, 7:30 p.m.; Chinese language school, Saturday 9:30 a.m. to noon; family and individual counseling by appointment only. Call Dr. Loke at 232-0579 or 232-1072.

The church is located at 4709 MacDonald Ave., Richmond. Phone 232-1072.

North Congregational Church

The Christian growth fellowship meets Sunday mornings at 9:30 in the Babcock Room of the church.

The gymnasium is open to high school and college age young people on Saturday evenings at 7:30 p.m. Refreshments are served during the evening, and Bob Graham directs.

The Lunch Bunch is a group of senior singles who meet each Sunday after services for fellowship and a meal at one of the local restaurants; any older single is invited to come to this Dutch treat lunch.

The church is located at the corner of Cedar and Walnut in North Berkeley. Phone 848-1201 or 527-3134 (evenings).

Rodeo Full Gospel Church

Interdenominational evangelistic services are held each Tuesday and Thursday at 7:30 p.m. and Sundays at 11 a.m. and 6 p.m. with Houston Marlow and Sandy of "The Singers for Jesus."

The church is located at 715 San Pablo Ave., Rodeo. Phone 245-9374 or 657-7705.

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Heavy-Duty 3-Ply Construction

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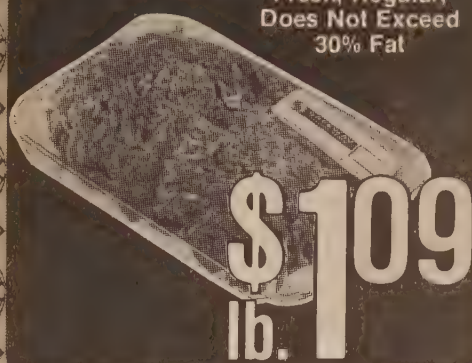
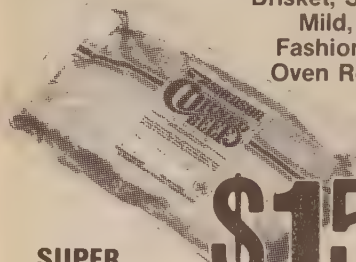
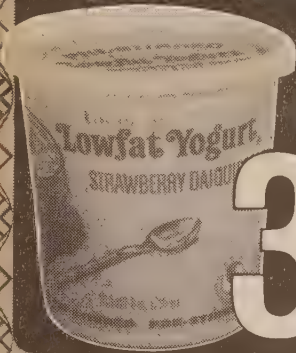
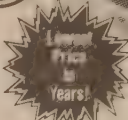
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Safeway
Quality Beef**\$2.48**
lb.**Sliced Bacon**Smok-A-Roma
(Dubuque
Mississippi,
1-lb., \$1.79)**\$1.69**
1-lb.**Boneless Hams**Smok-A-Roma,
Water
Added**\$2.19**
lb.**Blade Chuck Steak**Safeway
Quality Beef**\$1.39**
lb.**Cross Rib Roast**Boneless,
Bottom Round
or Boneless
Rump, Safeway
Quality Beef(Boneless Beef Round
Tip Roast, lb., \$2.38)**\$1.99**
lb.**Pork Spareribs**Frozen
Fresh Thawed**\$1.59**
lb.**Turkey Wings**Center Cut
Joints only,
Frozen**\$1.99**
5-lb. Bag

7-Bone Chuck Roast Safeway Quality Beef lb. \$1.69
 Beef Round Tip Steak Boneless, Safeway Quality Beef lb. \$2.79
 Boneless Cross Rib Steak Safeway Quality Beef lb. \$2.69
 Beef Rib Roast-Large End Safeway Quality Beef lb. \$1.99
 Beef Rib Roast-Small End Safeway Quality Beef lb. \$2.38
 Ground Beef Chuck Made Exclusively from Beef lb. \$1.99
 Fresh Rack of Lamb USDA Choice lb. \$2.99
 Raw Australian Scallops Frozen Fresh Thawed lb. \$4.99
 Precooked Fish Sticks Captain's Choice, Frozen 14-oz. \$1.39

Veal Blade Chops lb. \$2.49
 Boneless Veal Cutlets lb. \$4.49
 Boneless Veal for Stew lb. \$2.49
 Pork Sausage Safeway, Whole Hog, Mild, Medium or Hot 12-oz. \$1.49
 Manor House Chicken Franks 1-lb. \$1.89
 Farmer's Bacon Ends & Pieces lb. \$1.89
 Manor House Fryer Parts Drumsticks & Thighs lb. \$1.49
 Galileo Italian Dry Salami Stick 13-oz. \$2.39
 Sausage Links Buon Tasto, Italian Style, Regular or Hot lb. \$1.49

SAVE 7 DAYS A WEEK**SAFEWAY
SPECIAL****CASE
PRICE
\$12.00****Table Wines**Scotch Buy, Red, Rose'
or White, 4 liters**2 for \$6****Filler Paper**Mead, Wide Ruled, College
Ruled or Typing Paper, 200 ct.**SAFEWAY
SPECIAL****69¢****SAFEWAY
SPECIAL****TIO SANCHO**

Taco Shells, 16 ct., 7 oz.

(Chili Rellenos 13 oz. \$1.89)
 (Tamales Pie 14 oz. \$1.69)
 (Taco or Chili Seasoning Mix 1.5-1.25 oz. 39¢)
 (Enchilada Dinner 6.75 oz. \$1.69)

99¢**Tostada Shells**

Ortega, 4 oz.

75¢**Taco Salsa**

or Salsa Ranchero, Ortega, 12 oz.

89¢**Mild Green Chili**Salsa, Ortega, 12 oz.
or Green Chili Salsa
Picante, 12 oz.**99¢****FIESTA FUN**

Senorita and La Paz for the Perfect Margarita

PERFECT MARGARITA MIX Tequila, White or Gold, 80 Proof, 750 ml. **\$3.99**
 3 Parts La Paz Margarita Mix 1 Part Tequila
 1 Cup Crushed Ice
 Whirl in Blender or Shake Vigorously, until frothy.
La Paz Margarita Mix, 1 liter **\$1.39**
Senorita Triple Sec, 42 Proof, 750 ml. **\$2.99**

Old CrowBourbon,
80 Proof,
1.75 liter**\$9.98****Gilbey's Gin**Medal
Winner,
80 Proof,
1.75 liter**\$9.98****Beringer Wine**Chablis, .75 liter
(\$27.00 Per Case)**2 for \$5****Mirassou**Wines, Chenin Blanc or
Monterey Riesling, .75 liter
(\$42.66 Per Case)**\$3.95****Dos Equis**Mexican
Beer, Light
or Amber, 6-
12 oz. Bottles**\$2.99****Tecate Beer**from
Mexico,
6-12 oz.
Cans**\$3.29****Rosarita Dinners**

Frozen, 12 oz. to 15 oz.

89¢**Pace Picante**

Sauce, 16 oz.

\$1.39**Bel-air Frozen Peas**

32 oz.

\$1.29**Laura Scudder's**

Tortilla Chips, 8 oz.

79¢**Bath Tissue**

Charmin, 6 Roll

\$1.89**Chris' & Pitt's**

B-B-Q Sauce, 14 oz.

79¢**Kal Kan Dog Food**

14 oz.

39¢**Grade AA Eggs**Lucerne, Medium, Dozen
(Price per lb., 45¢)**59¢****Parkay**

Light Spread, 2 lbs.

\$1.29**Chocolate Milk**

Lucerne, Gallon

\$2.29*Today's Safeway. Where
You Get A Little Bit More.*

Items and prices in this ad are available
 August 11, 1982, thru August 17, 1982, at all Safeway
 Stores in the following counties: Solano; Napa;
 Sonoma; Marin; Contra Costa; Alameda; San Mateo;
 San Francisco; Santa Clara; Monterey and Santa
 Cruz. *Prices not effective in Vacaville or Fairfield.
 Sales in retail quantities only

AT SAFEWAY

FLAVOR FROM OLD MEXICO!



Fresh Mangoes

Extra Large Size,
A Tropical Treat that's
a Great Addition to
any Fruit Salad

ea. **78¢**

Fresh Bananas

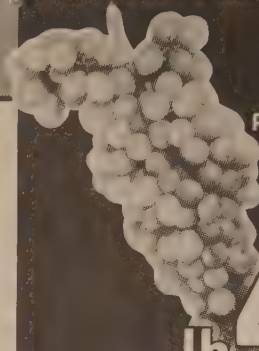
Golden Ripe,
America's Favorite
Fruit



lb. **29¢**

Seedless Grapes

Thompson,
Picked at the
Peak of the Season



lb. **49¢**

Bartlett Pears

California's
First of
the Season

lb. **39¢**

Head Lettuce

Iceberg
Variety, from
the Salinas
Valley

ea. **39¢**

Bell Peppers

California
Grown, Great
Stuffed, Fried
or in a Salad

lb. **39¢**

Fresh Tomatoes

San Joaquin
Valley's Finest
Harvest



3 lbs. **\$1**

Fresh Celery

Crisp
Green
Stalks

ea. **39¢**

Casaba Melons

Full of
Juicy
Goodness

lb. **15¢**

Fresh Cucumbers

Cool
and
Crisp

5 for **\$1**

Yellow Onions

California Variety

5 lbs. **\$1**

Broccoli

Fresh and Tender

bu. **65¢**

Carrots

Cello Bag

2-lb. **38¢**

Green Cabbage

Great for Cole Slaw

lb. **19¢**

Eggplant

A Satisfying Vegetable Entree

ea. **49¢**

Green Onions

Fresh

4 bu. **\$1**

Cilantro

Great for Oriental Cooking

bu. **15¢**

Jicama

Crisp, Crunchy, Delightful in Salads & Dips

lb. **33¢**

Chilies

Jalapeno, Anihien, Fresno & Yellow

lb. **78¢**

AD PRICES GOOD 7 FULL DAYS

SAVE 20¢

LAS PALMAS

Anchilada Sauce, 19 oz.

79¢

SAVE 18¢

La Victoria

Taco Sauce or Salsa Brava,
12 oz. (Chili Dip, 12 oz., 99¢)

89¢

SAFEWAY SPECIAL

Rosarita

Refried Beans, 30 oz.
(40 oz., \$1.25)

SAVE 40¢

79¢

Homestyle

Ice Cream, Peach,
Vanilla or Cookies
N Cream, 1/2 Gallon

SAFEWAY SPECIAL

SAVE \$1.00

\$1.99

(Party Pride
Fudge Bars,
6 ct., 99¢)

Shumack Professional Hair Care Collection

E.F.A. or Gelave

Shampoo or Instant
Conditioner, 9 oz.
(Hair Spray,
4 oz., \$1.89)
(Hair Moisturplex
or Phinalee Deep
Conditioner,
3.5 oz., \$2.59)

Tampax \$2.75

Tampons, 40 ct.

Right Guard \$1.49

Spray
Deodorant,
4 ounces

Kodak Film \$2.49

C110-24 Color Prints, Roll

Country Music \$1.99

C110-24, Roll

ONE DAY OR WE PAY

PHOTO DEVELOPING

Unlimited Guarantee from Safeway

Natural Tortilla Chips \$1.39

(2-lbs., \$2.69) 1-lb.

Mrs. Wright's Hot Dog or Hamburger Buns

8 ct. (Mrs. Wright's
Crushed Wheat or
with Sesame Seeds
Hamburger Buns,
8 count, 63¢)

59¢

Premium Bread Thomas'

Safeway, 1 1/2 lb. loaf **59¢**
English Muffins, 12 ct. (Mrs. Wright's, 6 ct., 59¢) **\$1.89**

In-Store Bake Shop

Layer Cake \$4.99

Black and White, Large 8 inch, One Layer
Chocolate, One Layer White Cake (You Save, \$1.26)

Gourmet Apple Pie Large 8 inch, Deep Dish (You Save, \$1.00) **\$2.19**

English Tea Cakes (You Save 50¢) **\$1.49**

Raised Donuts Sugar or Glazed (You Save 66¢ on 5) **5 for 99¢**

High Gluten Bread 1-lb. loaf (You Save, 30¢) **89¢**

Long Grain Rice

Town House,
2 Pounds

SAFEWAY SPECIAL

SAVE 20¢

59¢

Cheer

Laundry
Detergent,
49 oz.

SAFEWAY SPECIAL

SAVE 20¢

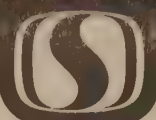
\$1.99

and prices in this ad
available August 11,
thru August 17, 1982.
Safeway Stores listed
on the other page.



SAFEWAY

SAFEWAY



FREE ADMISSION TO FAMILY DAY
with the
SAN FRANCISCO GIANTS
On Sunday, August 29 (1:00 p.m.)
ADMISSION: Only 2 Wish-Bone® Dressing neckbands* per ticket.
Also Free Hot Dog with 2 additional neckbands.
And Free Giants Stadium Seat Cushion... to the first 20,000 fans entering Candlestick Park. Start saving Wish-Bone neckbands today! See Wish-Bone Dressing Display for details.
*To remove, soak under water for two minutes.

Wishbone Dressing \$109
Italian & 1000 Island 8 oz.
Wishbone Italian \$109
Robusto Dressing 8 oz.

Sizzlean Regular, Brown Sugar or Beef Strips 12 oz. \$169
Gallo Salami Italian Dry Chub 8 oz. \$269
Gallo Salami Italian Dry Chub 13 oz. \$389
Gallo Salami Italian Dry Sliced 9 oz. \$289
Armour Pure Beef Patties Frozen 1 1/2 lb. \$299
Armour Meat or Beef Hot Dogs 1 lb. \$179
Armour Mira Cure, Sliced Bacon (2 lb. Thick Sliced \$4.37) 1 lb. \$219
Armour Polish Sausage 1 lb. \$249
Armour Boneless Hams Water Added 1 lb. \$319
Baron's Beef Bun Burgers, Frozen 3 lb. \$599
Van de Kamp's Fish Fillets Frozen 24 oz. \$399

Purina Special Dinners
BRAND Cat Food
3.5 lb. \$295

Gravy Train
Canned Dog Food
14 oz. **39¢**

Ken-L-Ration Kibbles 'n Bits 10 lb. \$489
Ken-L-Ration Burger 72 oz. \$439
Ken-L-Ration Special Cuts 48 oz. \$375
Puss 'n Boots Moist Meals 12 oz. \$103

Purina Meow Mix 3.5 lb. \$259
Downy Fabric Softener 35¢ off Label 64 oz. \$264

Ivory Liquid Detergent 20¢ off Label 22 oz. \$135
Bold 3 Detergent, 84 oz. \$339
Compare Benefits! Bold 3 Cleans, Softens, Controls Static

Comet Liquid 21 oz. \$159

Royal Chinnet \$159 Dinner or Compartment Plates 15 ct.
Viva Napkins 79¢ 40 ct.

Nestle Fresh Brewed Taste
32 oz. Iced Tea Mix \$343
100% Instant Tea, 3 oz. with Sugar & Lemon, 12 oz. \$143
Chris' & Pitt's Barbeque Sauce 14 oz. 79¢

Dole "The Best Part of the Pineapple"
PINEAPPLE "IN HEAVY SYRUP"
Sliced 8 oz. 39¢
Chunk 8 oz. 39¢
Crushed 8 oz. 39¢
Dennison's Chili with Beans 40 oz. \$235
Honey Nut Cheerios 14 oz. \$179

Coffee-mate \$153 Creamer 11 oz.

Kool-aid Unsweetened 2 qt. 5 for 95¢
(2 qt. 75¢, 10 qt. \$3.23)

CountryTime 10 qt. Pre-sweetened \$345

Duncan Hines Cake Mix, 18 1/2 oz. 99¢

Soft Drinks Shasta, 6-12 oz. Cans \$149

Imperial Soft Spread Margarine 2-8 oz. Tubs 93¢

Blue Bonnet Margarine Cubes 1 lb. 59¢

Imperial Soft Margarine 1 lb. 93¢
Banquet Meat Pies 8 oz. 3 for 89¢

Minute Maid Lemonade Frozen, 12 oz. 69¢

Ore Ida Crispers, Frozen, Poly Bag, 20 oz. \$119

Ore Ida Shoestring Potatoes Frozen, 20 oz. 99¢

Dristan Tablets \$399 50 ct.

Cortaid Spray \$225 Pump 1.5 oz.

Duracell Alkaline AA 2 Pak, 1500B-2 SAFEWAY COUPON With This Coupon D.C. Limit one per coupon. One coupon per family please. Good only August 11, 1982 thru August 17, 1982 at your Safeway Stores listed below. **50¢ OFF**

Duracell 9 Volt 1604-B SAFEWAY COUPON With This Coupon D.C. Limit one per coupon. One coupon per family please. Good only August 11, 1982 thru August 17, 1982 at your Safeway Stores listed below. **50¢ OFF**

Eveready Energizer AA 4 Pak, E9BP4 SAFEWAY COUPON With This Coupon D.C. Limit one per coupon. One coupon per family please. Good only August 11, 1982 thru August 17, 1982 at your Safeway Stores listed below. **50¢ OFF**

Preference Hair Color SAFEWAY COUPON With This Coupon D.C. Limit one per coupon. One coupon per family please. Good only August 11, 1982 thru August 17, 1982 at your Safeway Stores listed below. **\$100 OFF**

Items and prices in this ad are available August 11, 1982 thru August 17, 1982 at all Safeway Stores in the following counties: Solano, Napa, Sonoma, Marin, Contra Costa, Alameda, San Francisco, San Mateo, Santa Clara, Santa Cruz and Monterey. *Prices not effective in Vacaville or Fairfield. Sales in retail quantities only.



SAFEWAY

Obituaries

Elizabeth Radpour
EL CERRITO — A memorial service for Elizabeth von Selle Radpour, a longtime area resident and former president of the Richmond League of Women Voters, was held at All Soul's Episcopal Church in Berkeley.
A native of Germany, Mrs. Radpour lived in El Cerrito and died July 31 at her home. She was 58.
She immigrated to the United States in 1937, and was a magna cum laude graduate of Radcliffe College. She received a masters degree from Harvard University in 1945, then attended UC-Berkeley where she received a master degree in social work.

She was a child welfare worker for the Contra Costa Social Service Department during the 1950s, and became prominent as an officer with the Richmond League of Women Voters following her marriage to Mehdi Radpour, an engineer with the California Public Utilities Commission.

She served two terms as president of the League of Women Voters in the 1970s and was influential in the league's voter registration and outreach programs.

Survivors include her husband, Mehdi; her daughter, Maideh of San Francisco; her son, Paul of the U.S. Coast Guard in Mobile, Ala.; and a sister, Minnie Frost of Kensington.

Private burial was at Sunset View Cemetery.

Nora F. Granger
EL CERRITO — Funeral services were held for Nora F. Granger at Ellis-Olson Mortuary.

A native of Pittsburg who had lived here for the past 20 years, Mrs. Granger died July 29 in a local convalescent home.

She was employed as a waitress for Rod's Hickory Pit and was a member of Culinary Workers Union Local 28, of Richmond.

She is survived by two sons, Arthur M. Granger, of Pinole, and Richard J. Granger, of Wichita, Kan.; two sisters, Grace V. Thomas, of Richmond, and Eileen Triphet, of Dublin; a brother, Vincent Jessie of Oakley, and three grandchildren.

Burial was at St. Joseph's Cemetery.

The family prefers gifts to a favorite charity in Mrs. Granger's name as expressions of remembrance.

Hilga Suoja
ALBANY — Memorial funeral services for Hilga Suoja, a longtime local resident and former president of alterations for the Hastings Store of Albany, were held at the Hastings Store of Albany.
A native of Minnesota, Mrs. Suoja lived in Albany and died Aug. 1 in a Berkeley hospital. She was 72.
She was a member of the Retail Textile Union Local 410 of San Francisco and a lifetime member of the Finnish Brotherhood of Berkeley.

Survivors include her son, John of Albany; her daughter, Helen Rasmussen of San Pablo; two granddaughters and four great-grandchildren.

Leroy Jones
ALBANY — Funeral services for Leroy Jones, a longtime local resident and former president of alterations for the Hastings Store of Albany, were held at the Hastings Store of Albany.
A native of Pennsylvania, Mr. Jones lived in Albany and died at his home July 30. He was 72.
He was a veteran of World War II and a bombardier in Europe.
Survivors include his stepdaughter, Mary, of Albany; his wife, Helen; and four great-grandchildren.

Eda Landucci
ALBANY — Funeral services for Eda Landucci at Ellis-Olson Mortuary.
A native of Oakland and longtime resident of Albany, Mrs. Landucci died July 29 in a Pinole hospital. She is survived by her husband, Roy, of Albany; her son, Sue Edwards of Pinole.
Entombment was at St. Joseph's Cemetery. The family requests that memorials be made to the American Cancer Society.

Mossie Briggs
EL CERRITO — Funeral services for Mossie Della Briggs at Rose Manor Funeral Home.
A native of Kansas and a longtime resident of El Cerrito, Mrs. Briggs died July 29 in a Richmond hospital. She was 95.
She is survived by a daughter, Mildred, of El Cerrito; a son, William Parker, of New York; and two great-grandchildren.

Briefs

Actors Ensemble does Stoppard comes

Actors Ensemble of Berkeley will present "Rosencrantz and Guildenstern Are Dead," Tom Stoppard's witty, erudite comedy, at Live Oak Theatre, Shattuck and Berryman, Berkeley, at 8 p.m. Thursday. Friday and Saturday evenings through Aug. 28. Director is Wendy Adler.

Program notes say, "Playwright Stoppard has elevated Rosencrantz and Guildenstern, two classic Shakespearean non-entities, perhaps the most expendable people of all time, to the center of his dramatic action. In the process, he has crafted a far-fetched work full of punning and leaps from depth to dizziness. It has been described as 'The most brilliant dramatic debut of the sixties.'"

The Actors Ensemble cast includes: Alan Cameron, John Hector, Ron John de la Housaye, Peggy Linz, Tedd

McClellan, Jeff Meyer, Robert Morrison, Lia Ramirez, Tom Reilly, Michele Schwartz, Jack Tucker, and Monte Van Vleet.

For reservations, call 526-5761. Admission: \$4.50 Fridays and Saturdays.

Exhibit of Victorian

Lowell Hecking's oil painting exhibit of Victorian houses will be seen at Contemporary Arts Center, 17 Ave., Berkeley through Aug. 17.

Gallery hours are Tuesday through Saturday, 10 a.m. to 5 p.m. For information, call 848-9071.

ANYTHING on WHEELS

If it rolls... we'll sell it for you!

VANS, CARS, BIKES, TRUCKS, MOTORCYCLES — ON WHEELS

SAVE A WAGONLOAD GET RESULTS! PHONE NOW!

4 LINES-5 DAYS ONLY \$600

in both the Contra Costa Independent and Berkeley Gazette

Call Today!

237-1111

GET ROLLIN'!

OFFER EXPIRES AUGUST 31, 1982

PERSONALS 035

Spiritual Readings

I am not a common reader. I do not read by cards or books. I read by the spirit. I will help give helpful advice to all afraid of life, such as love, marriage, business, health. Will Give Lucky Days And Numbers!! Will Call Your Friends & Enemies By Name Without Asking a Word!!

547-9989 \$5.00

SPECIAL NOTICES 037

ELK HUNT PACK-IN

Call Larry after 6 p.m. (408) 446-2400, even 24/7.

INSTRUCTIONS 045

AIRLINE CAREERS

Int'l Airline Training Center, Oakland Airport 800-772-3583, Mon-Fri 9-5

TRAVEL AGENT

Eve class starts Aug 16 Int'l Airline Travel School, Oakland Airport 800-772-3583 wkdays 10-5

OPERATOR

Train For Switchboard 9 wks hotel, hosp., office No Age Limit Day, Even Free Placement Assist CALL NOW 788-4166

BANK TELLER

TRAINING DAYS, EVES Call 788-4166

CHILD CARE LICENSED 048

DAY CARE WITH A DIFFERENCE

loving environment, qualified teachers & staff, hot breakfast and lunches, snacks, arts & crafts, I play yard. We are expanding our enrollment, now taking registration for our fall program. Please Call Mona or Jean 235-2940.

COUNSELORS

people needed to aid others in distress or with problems. This new technique results in a well & happy person. All welcome to apply. Contact Dianetics Center, Monday-Friday, 1:30-10 p.m. 841-9622.

DENTAL ASSISTANT

Expert. person needed for people-oriented periodontal office in El Cerrito. Call 334-6050.

DENTAL RECEPTIONIST

Expert. person needed for people-oriented periodontal office in El Cerrito. 234-6050.

DENTAL NURSE

Dental assistant, some typing. Bi-lingual (Spanish/English). X-ray license desirable. Good salary, benefits. Call Collect David 415-566-4127

SPECIAL NOTICES 037

HELP WANTED 060

DIRECTOR OF Nursing

experi. for 146 bed intermediate care. Exc salary & benefits. Mrs Balaz Mon-Fri, 8-4, 523-8857

HELP WANTED 060

MECHANIC TRAINEE

Age 17-34. High School Grad. No exper. required. Will train. Good pay, excellent benefits, education fund. 2, 3 or 4 year enlistment. ARMY. Call weekdays, 10 a.m. to 5 p.m. 232-5466.

HELP WANTED 060

DRIVER/Laborer

wanted. all types work. approx \$200 per week. 841-9179.

HELP WANTED 060

FOOD SERVICE TRAINEE

Age 17-34. High School Grad. No exper. required. Will train. Good pay, excellent benefits, education fund. 2, 3 or 4 year enlistment. ARMY. Call weekdays, 10 a.m. to 5 p.m. 232-5466.

HAIR CUTTING

No experience necessary! Work 1/2 hour per day to help pay your tuition thru beauty college. AND ask about financing aid for transportation and baby sitting. Train now to Shields & Terrell 1919 Cutting Blvd. Richmond

NURSES

needed to work in Maternity. Exper. required. Also in Pediatrics & Supervising. Must be able to converse with Spanish speaking customers & work any hours. Send resume to P.O. Box 9475, Mills College, Oakland, 94613.

NURSES Assistant

needed for all shifts. Hourly wages. Certification preferred or 1 year experience. Apply at Carlson Convalescent Hospital, 3230 Carlson Blvd., El Cerrito.

ORDER PULLER

needed for our fashion jewelry warehouse. No exper. req. Must be able to communicate. Interested applicants apply in person 605 Addison. Berk 1:30-4

PBX RECEPTIONIST

light typing, good benefits, exper helpful. Call Pat 222-4444

RECREATION LEADERS

20 hrs. per wk. college students prefer. Apply Dept of Community Services, City Hall San Pablo 236-7373

WAREHOUSE Delivery

person for Bay Area. Must accept responsibility and be self-motivated. Clear driving record a must. Full time, permanent position. Call 638-8891

TEMPORARY OR PART TIME 065

ANS. SERVICE

Permanent part time. Recent exper. pref. but will train person with good ability to communicate and handle detail. Apply in person 11 am to 2 pm, 2801 San Pablo Ave, Berk.

BUS person, part-time

Pick days you want to work. Salary plus tips. Berkeley Restaurant, 553 14th St., 9 am. to 5 p.m., ask for Chris.

CASHER

Stock clerk, 3 nights. Apply mornings 4261 Hilltop Dr. Rich.

SCHOOL BUS DRIVERS

needed in Richmond area. Will train qualified persons. Apply in person at our Oakland yard, 3000 Market St. Corner 30 & San Pablo, Oakland.

SECRETARY

wanted part time (afternoon) for Berkeley Investment office, must have superior typing & shorthand skills. Excellent salary. 548-6600

STOCK & Delivery

person. Full-time. Call mornings bet 10-12. 845-8534.

SALES HELP WANTED 070

SALES PERSON

Mature, experienced in women's ready to wear. Part-time. Call for appt. 527-4606. Jerri B's, El Cerrito.

CROWN SYSTEMS INTERNATIONAL

Second or third incomes for business or professional people. By appt only. 223-7334.

HAULING 268

BEST HAULING & MOVING

Careful, Experienced. Call 232-1846

BILL'S HAULING

all types of shrub trim, general cleanup, trash removal. Reas. 845-5957

GREG'S DEPENDABLE

Hauling, Trash, brush, cleanup, etc. 237-0702.

HAULING to dump

trees removed, trimmed, gutters cleaned. 232-7125

MOVING-HAULING

Indoor/Outdoor Vehicle Furniture Hauling. 24 hr Service. 237-5438.

HOUSE CLEANING 283

ED'S House Cleaners Carpet Care, Upholstery, walls, windows cleaned, floors waxed. 529-2015.

JANITORIAL 295

WILLIAMS Building Maintenance and Janitorial Service. By appt or home. Free est. 237-7526

LANDSCAPING 298

Prof. design, decks, fences, lawns, irrigation. 359-5250.

MOVING 322

JOE'S MOVERS Local, 121212. Quality & integrity service. 502-9400.

BERKELEY HAULING

Fast-Reliable - Lowest Cost. Free Est. 549-2700

HORSEMAN'S CORNER-LIVESTOCK 465

HORSE

approx 12 yrs old. Gentle, good riding ability. Asking \$400. After 5, 222-1291.

QUARTER mare, 10 yrs & 5 mos

Call. 800. Pony half Hackey & Shetland, 1100, 232-4684.

CARPETS, DRAPES AND HOME FURNISHINGS 475

BUNK BEDS

sturdy, incl. mattress and ladder. \$159. Aaron's 653-4706.

MATTRESS sets

firm, clean, sanitized. Twin \$89. Doubles \$99. Queens \$119. 5 piece bdrm set, \$189. Mattresses, \$35. \$24 full, \$34 Bunkbeds, \$69. 3 rooms turn, \$599. 1995 \$200, \$21.60/mo. A's, 721 Tennessee Valley, (707) 446-1813.

WATER BEDS

uninflated, \$143. Padded, stained, rustic, \$169 ea. Tailor made headboard, \$199. Over 50 styles. Mattress pads, \$12. Sheets, \$25. Heaters, \$39. Mattresses, \$35. Dreamweaver, \$69. Di-nettes, \$49. Sofa & Love, \$199. 5 piece bdrm set, \$89. Mattresses, \$35. \$24 full, \$34 Bunkbeds, \$69. 3 rooms turn, \$599. 1995 \$200, \$21.60/mo. A's, 721 Tennessee Valley, (707) 446-1813.

ALBANY 525

LOCATORS

did it again!

OWNER WILL CARRY-Albany. First loan to assume on this lovely 3 bedroom home. Any reasonable offer considered. G-132. 234-9211.

STARTER HOME-Berkeley. Owner will carry with 20% down. Charming old home featuring 3 bedrooms with room for expansion. G-133. 524-8555.

PRICE REDUCED-El Cerrito. Owner will carry on these units located in very good area. Call for details. G-134. 234-9211.

BAY VIEW-El Cerrito. Well constructed 3 bedroom home. Two fireplaces with spacious rooms. Close to transportation. G-135. 232-0281.

WHITECLIFF HOME-El Sobrante. Large 3 bedroom home. Nice assumable loan available. Call for details. G-136. 232-0281.

SUPERB FAMILY HOME-El Sobrante. Best locale with 4 bedrooms, family room, & lovely pool. Secured area with lots of privacy. G-137. 232-0281.

LARGE CUSTOM HOME-El Sobrante. Featuring 4 large bedrooms, sunken living room, & many features in this beautiful home. G-138. 232-7600.

SOLAR HEATED HOME-El Sobrante. Over 3000 sq. ft. of living space in this 4 bedroom home. Large assumable loan at low interest. G-154. 232-4441.

LOWEST PRICE-Hercules. This 3 bedroom home is on a corner lot and is very clean & sharp. Ready to move in to. G-139. 734-2400.

CAPE COD CHARMER-Pineole. This 4 bedroom home is a real charmer. Owner will carry. G-140. 724-2400.

GREAT FINANCING-Pineole. Excellent 4 bedroom, 2 bath home. Very clean, private backyard. Super Valley location. G-141. 232-2722.

FHA AVAILABLE-Richmond. This 4 bedroom home is close to bus, schools. Immaculate home with 5 parking spaces available. Call for details. G-142. 232-0281.

SELLER WILL CARRY-Richmond. \$10,000 will sell you in this 3 bedroom home with large rooms. Located in very nice area. G-143. 232-0281.

TWO STORY CHARMER-Richmond. Features 2 bedrooms plus a workshop. Close to transportation. Call for details. G-144. 232-2722.

PRICE LOWERED-Richmond. Assumable low interest loan on this 2 bedroom home located in nice area. This home is vacant & ready to move in to. G-145. 232-7600.

RICHMOND VIEW HOME. This 3 bedroom home is freshly painted. You may carry on this large home. Submit offers. G-146. 232-7600.

SELLER MOTIVATED-Richmond. Owner will pay points on this 3 bedroom home. Located in very nice area. G-147. 234-9211.

OWNER WILL FINANCE-Richmond. Features 2 bedrooms plus a workshop. Close to transportation. Call for details. G-148. 232-4441.

BELOW MARKET FINANCING-Richmond. This 3 bedroom home is very cozy with a nice fireplace. Close to shopping, transportation. G-149. 232-4441.

CHEEPIE TEEPIE-Rodeo. Super starter home featuring 2 bedrooms on a huge lot. Lots of fruit trees in back yard. Excellent financing. G-150. 799-0700.

PANORAMIC VIEW-Rodeo Highlands. Custom home with 3 bedrooms. Priced way below market rates. G-151. 232-2722.

PRICE REDUCTION-Rodeo. Large older 2 bedroom home. Remodeled kitchen, large yard. Excellent financing. Call for details. G-152. 799-0700.

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Having a Garage Sale? WE CAN HELP!

Write your garage, yard or rummage sale with us for 3 consecutive days. Receive 2 FREE Garage Sale Signs to put up around the neighborhood. Ads must be paid for in advance and signs must be picked up before 6:30 pm. Monday-Friday at either our Richmond, Albany or Berkeley offices. For more details call the classified department.

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Contra Costa INDEPENDENT 237-1111 (Offer Expires September 17, 1982)

Berkeley GAZETTE 236-2100 Leave Name, Address and Phone Number

FANTASTIC!

\$5000 + ANNUALLY

Part-Time Motor Route Delivery

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OR

BERKELEY GAZETTE

Monday-Friday Afternoons AND Sunday-Early Mornings Approximately 2-3 Hours Per Day

Qualifications:

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4. Must be available 6 days per week, including holidays.
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Second or third incomes for business or professional people. By appt only. 223-7334.

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BEST HAULING & MOVING

Careful, Experienced. Call 232-1846

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trees removed, trimmed, gutters cleaned. 232-7125

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JANITORIAL 295

WILLIAMS Building Maintenance and Janitorial Service. By appt or home. Free est. 237-7526

LANDSCAPING 298

Prof. design, decks, fences, lawns, irrigation. 359-5250.

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JOE'S MOVERS Local, 121212. Quality & integrity service. 502-9400.

BERKELEY HAULING

Fast-Reliable - Lowest Cost. Free Est. 549-2700

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HORSE

approx 12 yrs old. Gentle, good riding ability. Asking \$400. After 5, 222-1291.

QUARTER mare, 10 yrs & 5 mos

Call. 800. Pony half Hackey & Shetland, 1100, 232-4684.

CARPETS, DRAPES AND HOME FURNISHINGS 475

BUNK BEDS

sturdy, incl. mattress and ladder. \$159. Aaron's 653-4706.

MATTRESS sets

firm, clean, sanitized. Twin \$89. Doubles \$99. Queens \$119. 5 piece bdrm set, \$189. Mattresses, \$35. \$24 full, \$34 Bunkbeds, \$69. 3 rooms turn, \$599. 1995 \$200, \$21.60/mo. A's, 721 Tennessee Valley, (707) 446-1813.

WATER BEDS

uninflated, \$143. Padded, stained, rustic, \$169 ea. Tailor made headboard, \$199. Over 50 styles. Mattress pads, \$12. Sheets, \$25. Heaters, \$39. Mattresses, \$35. Dreamweaver, \$69. Di-nettes, \$49. Sofa & Love, \$199. 5 piece bdrm set, \$89. Mattresses, \$35. \$24 full, \$34 Bunkbeds, \$69. 3 rooms turn, \$599. 1995 \$200, \$21.60/mo. A's, 721 Tennessee Valley, (707) 446-1813.

ALBANY 525

Call Coralee

CARPENTRY 172

Affordable Carpentry & Roofing. Free Est. Qual. work, non-lic. Refs. Dave 232-5512; 707-422-3413.

FENCING 232

Redwood decks, retaining walls. Steve, 799-7460.

HANDYMAN 123

Quality remodeling and repair. Larry, 527-0702.

CEMENT WORK 10%

Handyman work 10% off. Tiller Rental 799-5240, 237-9920.

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SHEDS, porches, dry rot, acoustic ceiling. Inexpensive. Guaranteed. Free est. 236-1845 eves.

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WORLD CARPET "STEAM" CLEANING Living room & hall \$24.95 Any add'l room \$12.95 Call anytime 235-3384

CONCRETE 184

1st Class Concrete Sidewalks, patios, driveways. 235-3531.

CEMENT WORK 172

Patios, driveways, walks. Aim to please. 234-3239.

PATIO'S, driveways, retaining walls, custom work. 234-1020, 881-0308GARDENING 253 A WOMAN'S TOUCH Herbal, edible gardens & complete maintenance serv. free est. 535-1223. A-1 GARDENING Maint., cleanup, prune, trim & haul. 7 yrs exper. Reas., free est. 232-8619. DOLLARS Gardening Service. Big & small jobs. Maint. 428-0971. EXCITING GARDEN Development to fit your budget. M. Felt 527-6393. EXPERT landscaper decks, walls, all aspects. Free est. 524-1051. GARDEN & Lawn care Hauling, yard cleanup, trees, hedge & shrub pruning, sprinklers. Free est. Reas. 799-5820. YARD cleaning, hauling, pruning, trimming, gen'l mntnc. Free est. Refs. 232-1276. GEN'L Yard Mntnc. Trimming, hauling. Free est. 236-4798. HANDYMAN Services Gardening, landscaping, Hauling, painting, welding. Reas. Free. Robert or Frank 420-9617. HAVE WEEDS over run your yard? Complete cleanup \$20 and up. Pruning, concrete, free est. 234-4860. REMOD., additions, foundations, retaining walls. 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ANTIQUE 480
ANTIQUE mahogany
bow front cabinet, glass
doors, 2 drawers, mir-
ror. \$500. 525-0276

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RUMMAGE SALES—
AUCTIONS** 485
GARAGE Sale: Aug. 14,
10-4; 610 Spokane, Al-
bany. Good misc items.

MISC household item, 814
Curtis, Albany. Sat. Aug.
14, 10:00 A.M. on.

SALE: Furn, household,
misc. Aug. 14 & 15, 9-6.
704 Pomona, Alb.

YARD Sale: August 14,
9-4; 127 Behrens, off
Fairmont, El Cerrito.
Furniture, dishes,
kitchen, toys, bike, misc.

BIG Garage Sale. Much
misc & big variety of
furn, some very old an-
tiques. Come look! 431
Everett, EC. Sat, Aug
14, 9-4:30 pm.

**MISCELLANEOUS
FOR SALE** 490
Heavy Equipment
J.D. 2010 Backhoe, gas
motor, rebuilt engine.
Excellent condition.
Stored in Marysville.
(415) 537-6086, eves.

**MISCELLANEOUS
FOR SALE** 490
MIRA Vista CC \$5,250,
\$1000 rebate, \$750 as-
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FISH Tank, 50 gallon,
includes all accessories.
\$125. Call 232-9274.

Roll-Away Bed
Twin size. \$50.
233-8498

BUTCHERS Block \$100;
(10) Solid pine napkin
holders \$20 ea; hwd
plant table \$180. 724-8077

POOL Table,
Brunswick Buckingham
Model LN, \$500
843-7240

EXECUTIVE desk, ex-
tension for computer or
typewriter. Stain proof.
\$125. Call 524-4964.

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round, 6 captains
chairs, \$350
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on washers, dryers
stoves, refrigs with this
ad. Serving West Contra
Costa. Vern's Appliances,
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Large stock of new and
reconditioned appliances.
Commercial washers and
dryers. All fully warrant-
ed. Check our prices
before you buy.

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HARDWARE
APPLIANCES**
400 Carlson Blvd, Rich.
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15% Off With Ad
Over 40 refrigerators to
choose from. \$89 & up;
freezers \$149; stoves, all
sizes, older & late models,
large selection, \$99 & up.
Washers & dryers \$89 &
up. Guaranteed parts &
labor. We deliver. Taylors
Appliance, 10281 San
Pablo Ave., El Cerrito,
Cal. 526-9055.

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2 year old fixed male Si-
amese, beautiful, gentle.
Likes kids. 845-8219

BLACK & tan Doberman,
3 yrs. old, free to good
home. Good with kids.
223-4725, 234-4048

DOBIE Pincher pup, 11
mos. Hsebroken. Good
watchdog. Good with
kids. All shots. 758-6644.

FREE 8 week old male
kitten. Adorable, house-
broken, very affection-
ate. 528-2157.

PIGEONS
FREE
Bob, 222-0702

WIPPET dog, free to
good home. 3 yrs. old.
Blue/grey color.
254-1043 after 5 pm.

WEDGWOOD stove,
grill & side heater, good
cond. \$250 or best offer.
523-5726, 232-0351.

RECOND. Appliances.
Refrig, \$90 up. Washers,
dryers, \$75 up. All
guaranteed. JOHN'S
APPLIANCE, 1247-23rd
St, San Pablo, 223-1250.

REFRIGERATORS
Side-by-side, \$225 up. 2
dr. frst-free, \$140 up. All
size, \$100 up. All fully
guaranteed. Large selec-
tion. Call Mike, 223-9293.

**RECONDITIONED
HOME APPLIANCES**
Completely guaran-
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Since 1934. Large selec-
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FOR SALE OR RENT
Large stock of new and
reconditioned appliances.
Commercial washers and
dryers. All fully warrant-
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before you buy.

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Foreclosure Sale
Price below market at
\$105,000. 3 bdrms., 2
baths. 2000 sq. ft. Terms
available. Will co-operate
with brokers. 730-9885.

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NEW LISTING
916 VENTURA**
Estate sale. Brown shingle.
2 bdr, 1 1/2 baths.
needs TLC.

1667 TACOMA
3 bdr, 2 1/2 baths. 2000 sq. ft. Terms
available. Will co-operate
with brokers. 730-9885.

925 ESENADA
Brand new 3 bdr, 2
bath. 1000 Oaks area. 3
bdr. Nice deck and gar-
den.

**LARGE ALBANY
BUNGALOW**
2 bdr, 2 bath.
Owner finance.

BERKELEY 530
Architect View Home
Plus unit. Walk to UC
\$299,000. 849-4204.

HUNDREDS of Forclo-
sures ALL CITIES. Call
today 568-1832.

CROCKETT 565
CROCKETT—loverly
mod. victorian. 3
bdrms., 1 bath, lg kil-
chen, nice yd & deck.
Many extras. Assum-
able. \$98,000. 787-2666.

EL CERRITO 570
BY OWNER, full view
both bridges from
room, living room, fam-
ily room, 3 bdrms, 2 1/2
baths and lovely tile in
kitchen. Very little yard
maintenance. \$148,600.
owner may carry. Drive
by 7446 Stockton Ave. do
not disturb occupants.
Call for an appt. Days
525-5602. Eves 526-0478
or 526-5940.

**OPEN SUN 1-4
1317 NAVELLIER**
3 bdrms, 2 baths, family
room, beautiful view
from deck.

EL SOBRANTE 575
**CREEKSIDE
SETTING**
Custom built executive
home in prestigious area.
3 large bedrooms, loads of
privacy and recreation on
this 1/2 acre lot. \$155,000.
724-0680.

**MERIDIAN WEST
REALTY**

EXTRA LARGE
Home in great El So-
brante location. Over 2200
sq. ft. Good assumable
loans. Great for the large
family, extra rooms to
room or put the kids.
#224. 724-6100.

**Security Pacific
Real Estate Brokerage**

HERCULES 590
3 bdr, 2 baths, like new.
Asking \$113,000. Assum-
able mortgage. Some-
times owner financing 430
Sawyer Dr. Mr. Phas-
ant. For info, call Heidi
799-2584 or Charlie
956-3119.

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IN HERCULES**
4 bedrooms, 2 baths, im-
maculate. 2 fireplaces,
family room, profession-
ally decorated, built-in
furniture. #311. 724-6100.

Huge Dartmouth model
Fireplace in master bed-
room. 4 bedrooms, 3
baths. Excellent loca-
tion. Seller may have finan-
ce. #329. 724-6100.

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Real Estate Brokerage**

1.6 ACRES
Plus a brand new home to
be built. Plans available.
Call for information.

SPIC-N-SPAN
Large 4 bdr home in the
Highlands. Good assum-
able loan.

UNBELIEVABLE
Close to Hilltop Mall. 3
bdr, \$57,950. Seller is
ready to accept offers.

TARA HILLS
4 bdr home, immacu-
late. Seller is open for
creative financing.

S.F. VIEW
From this 3 bdr, 1 1/2
bath home, many extras.

PRICE REDUCED
Nice 2 bdr home, good
area, lots of potentials.

Income Property
8 units, 2 bdrms.
5 units, nearly new.
Duplex, seller may carry.
If you have a need for
commercial property, call us.

**Better Homes
Realty**

EXTRA NICE
Be the first to call on this
really spacious 4 bdr
Hercules home. Assume
the low interest loan at
9%. Absolute unbeatable
deal now.

Depot Real Estate
758-9700

RICHMOND 600
KENSINGTON
BY OWNER. Beautiful all
Bay view, next door to
Grammar school. 3
bdrms, study, large
pool, lanai, modern kit-
chen. Days, 524-3984;
eves, 524-3984.

PINOLE 635
\$14,400 ASSASSINATION
Sharp 2 bedroom, 2 bath
condo. Move-in immedi-
ately. Owner may carry
with financing. Call Irene
222-7083, eves. 758-4713.
West County Properties.

LARGE FOR LESS
Rodeo 3 bedroom, 2 bath
situated on a corner lot in
a nice section. Fireplace
in living room, carpeting
throughout and 2 car gar-
age. Partial basement.
Asking \$99,950.

CUSTOM BUILT
All large rooms in this 3
bedroom home with for-
mal dining, family room,
2 car garage and land-
scaping. Near schools,
transportation and park.
Seller will carry second-
ary financing.

RICHMOND
STARTER HOME
Excellent part of Rich-
mond features 2 bedroom
cottage with garage and
assumable first loan. Sec-
ond floor is also assum-
able and seller may ask
by carrying a third. Ask-
ing \$67,950.

**Better Homes
Realty**

PINOLE 635
222-3800
724-3800

**GUARANTEED
AD
4 LINES ... 10 TIMES**

Merchandise not sold in first 10 days,
ad will run additional 10 days
FREE!

\$1000

*Items for sale must be priced individually, and must not
exceed the total price of \$1,000.00. Cash with copy, use the
ad format below. To stop ad, notify us immediately. There
is no limit to the amount of ad one may place. Sorry, no
refunds.

Name _____
Address _____
City _____ Phone _____
Start ad on _____

Phone 237-1111
Mail to 184 Harbour Way, Richmond, CA 94807

**GUARANTEED
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Name _____
Address _____
City _____ Phone _____
Start ad on _____

Phone 237-1111
Mail to 184 Harbour Way, Richmond, CA 94807

BARTELS
REALTORS ON THE MOVE

BAY VIEW PARK
#574 JUST LISTED!
Immaculate 3 bed-
room, 2 bath, family
room plus 12x16 Flori-
da room. Fantastic lot
with great view of Bay
plus parking for boat
& RV. The best part is
the assumable VA
loan at 9 1/4%. OPEN
SUN 1-5, 2073 Cypress.
Frances Johnson your
hostess. 232-1462.

NORTH-N-EAST
#551 BETTER THAN
BRAND NEW... Loan
may be assumable at
7 1/4% interest to qual-
ified buyer. Comple-
tely rehabbed, better
than new! One year
warranty. Call
758-8050.

CROCKETT 525
#560 WHAT A
VIEW!! Large 2 bed-
room home with a
view of the Carquinez
Strait. Walking dis-
tance to pool, parks,
tennis courts and
school. Garage door
can be converted to in-law
or added 3rd bedroom.
Call now! 758-8050.

NORTH-N-EAST
#526 ASSUMABLE
great loan at 11 1/4%
to qualified buyer. New
paint, kitchen floor
and some new carpet-
ing. Owner is transfer-
ring. OPEN SUN 1-5,
535-33rd St. Cleo Ball
your hostess. Call
232-1462.

EL SOBRANTE 575
**CREEKSIDE
SETTING**
Custom built executive
home in prestigious area.
3 large bedrooms, loads of
privacy and recreation on
this 1/2 acre lot. \$155,000.
724-0680.

**MERIDIAN WEST
REALTY**

EXTRA LARGE
Home in great El So-
brante location. Over 2200
sq. ft. Good assumable
loans. Great for the large
family, extra rooms to
room or put the kids.
#224. 724-6100.

**Security Pacific
Real Estate Brokerage**

1.6 ACRES
Plus a brand new home to
be built. Plans available.
Call for information.

SPIC-N-SPAN
Large 4 bdr home in the
Highlands. Good assum-
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UNBELIEVABLE
Close to Hilltop Mall. 3
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758-9700

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KENSINGTON
BY OWNER. Beautiful all
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**Better Homes
Realty**

PINOLE 635
222-3800
724-3800

Consumers Mart

• A DIRECTORY FOR SALES AND SERVICES

ELECTRICAL

**ALL ELECTRICAL
SUPPLIES**
20% to 40%
DISCOUNT
FREE
ESTIMATES
For homeowners and
contractors

PLAZA ELECTRIC
527-5737
1041 San Pablo Ave., Albany
C10-24862

GARDENING

**VINCE'S GARDEN
TREE SERVICE**
Sprinklers Installed
Trees-Shrubs
Trimmed & Cut Down
Lawns & Decorative Rocks
COMPLETE YARD CLEAN-UP

222-3888
524-9719
Evenings
Free Est.
Insured

No Cont. Lic.

PRINTING

20% off printing
with this coupon thru Aug. 31, '82

a full service shop:
instant & quality offset
camera work
typesetting & design
complete bindery
we now offer thermography:
raised lettering for
cards, stationery, etc.

HUNZA TYPESETTING
2527 Dwight Way
Berkeley, CA 94704
(415) 549-1634

PRINTING

**2-day
special service
on flyers and
business cards**

SCHOOL

**West
County
Montessori
School**

Enrolling now for
Summer & Fall Openings

- Toddler Classes
Ages 18 mths.-2 1/2 yrs.
- Elementary Class
Ages 6-9 years
- Preschool-Kindergarten
Classes 2 1/2-6 yrs.

Open House June 1 7:30 p.m.

**716 Applan Way
El Sobrante**
527-1791—222-5045

SPIRITUAL READERS

**SPIRITUAL
READING**

I am not a common reader. I do
not read by cards or books, but
through God's gifted spirit gift. I
will help give helpful advice to all
afraid of life, such as love, mar-
riage, business, health. WILL
GIVE LUCKY DAY AND NUM-
BERS!! WILL CALL YOUR
FRIENDS AND ENEMIES BY
NAME WITHOUT ASKING A
WORD!!

547-9989 \$5.00

WHOLESALE FOODS

SAVE \$ ON YOUR FOOD COST!

Wholesale distributor starts selling directly to the public in
the case. Save money by eliminating retailer profit.

Organic
Chico San
Ricecakes
Retail 95¢
Our Price 64¢

16-oz. Westbrae
Country
Peanut Butter
Retail \$2.39
Our Price \$1.77

Additional discounts for volume

THE DISCERNING MOUSE
4250 Hollis Street, Emeryville, California 94608
Please call the warehouse first at 658-6920
for ordering procedures & additional information
We accept food stamps

WHOLESALE FOODS

Monterey
Jack Cheese
Retail \$2.29
per lb.
Our Price
\$1.82 per lb.

1 lb.
Safflower Oil
Retail \$3.59
Our Price \$2.85

GARDENING

**LITTLE BROTHER
GARDENERS**

- Quality work, Reasonable
- General Lawn & Garden
- Maintenance
(yr. round care)
- Professional yard clean-up
- Weed - Prune - Free Est.

Cameron Murdock
527-5082

INSTRUCTION

CALL FRED
415-799-7199
By Sept. 1st

For inexpensive
and practical
Home Wine
Making Course
during the
grape harvest
or for
wine grapes.

SCHOOLS

PETER PAN NURSERY
PARENTS COOPERATIVE

NOW ACCEPTING FALL ENROLLMENT

- MUSIC
- COOKING
- NATURE STUDY
- ARTS & CRAFTS
- READING READINESS

DAILY MORNING PROGRAM \$41 PER MONTH

1422 NAVELLIER EL CERRITO
236-4817 234-5918

SCHOOLS

**Independent Classified
Gets Results**

Phone 237-1111

SURPLUS GOODS

GENUINE ARMY NAVY GOODS

- Flight Jackets
- Field Jackets
- Deck Jackets
- Utility Jackets
- Combat & Jungle Boots
- Camouflage Clothing
- Ponchos
- Field Equipment and Packs
- Tools • Electronics • Hardware
- Marine • Aircraft • Miscellaneous

BUY THE REAL THING
JUNGLE GEORGE'S

Open Monday-Saturday 9-6, Sunday 10-4
Between Davis & Williams off San Leandro Blvd. under BART

483-3711
689 THORNTON ST. SAN LEANDRO

SURPLUS GOODS

- Ammo Cans
- Printed T-Shirts
- Berets
- Blankets
- Parachutes
- Sleeping Bags
- Bags, Straps
- Tarps

MAINTENANCE

**BERKELEY
ORGANIC
GARDENERS
COLLECTIVE**

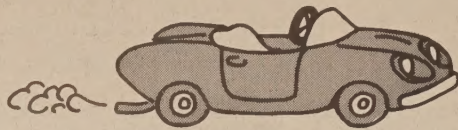
Landscaping • Design
Maintenance • Rototilling
Food Gardens • Tree Surgery
Organic Pest &
Disease Control

(415) 841-6500

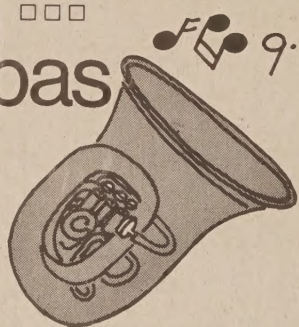
**WILLIAMS
Building and
Maintenance
Janitorial
Service**
Business or Home

237-7526
Free Est.

**FASTER
THAN...
a speeding
sports car**



**ABLE TO
LEAP...
tall tubas**



**MORE
POWERFUL
THAN...
a vacuum
cleaner**



**IT'S...
IT'S...
CLASSIFIED**

Phone 237-1111

PUBLIC NOTICE

LEGAL NOTICE A-94258
NOTICE OF TRUSTEE'S SALE
No. 7750-1635 MA/MAH
YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED APRIL 23, 1981, UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER.
On Wednesday, September 22, 1982, at 2:30 P.M., as duly appointed Trustee under and pursuant to Deed of Trust recorded May 13, 1981, as instrument No. 81 57976 in book 10322, page 423, or Official Records, executed by WILLIAM MA, TOY YUN WOO MAH and SALLY MA as Trustor(s), in the office of the County Recorder of CONTRA COSTA County, State of California, WILL SELL AT PUBLIC AUCTION TO HIGHEST BIDDER FOR CASH (payable at time of sale in lawful money of the United States) at the main entrance to the City Hall, 27th Street and Barrett Ave., Richmond, California, all right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and State described as:
Lots 40 and 41, in Block 5, as shown on the map of "The Henderson Tapscott Tract No. 1, Contra Costa Co., Calif.," which map was filed in Map Book 1, page 1, on April 1, 1907, Contra Costa County Records.

The street address and other common designation, if any, of the real property described above is purported to be:

515 LEXINGTON AVENUE
EL CERRITO, CA 94530

The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, is any, shown herein.

Said sale will be made, but without covenant or warranty, express or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest thereon, as provided in said note(s), advances, if any, under the terms of said Deed of Trust, fees, charges and expenses of the Trustee and of the trustee created by said Deed of Trust, for the amount reasonably estimated to be: \$51,974.37.

The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell. The undersigned caused said Notice of Default and Election to Sell to be recorded in the county where the real property is located. Date: July 22, 1982.

CFS SERVICE CORPORATION
as said Trustee
By LLANA D. HALL,
Vice President
Authorized Signature
315 West Ninth Street
Los Angeles, Calif. 90015
(213) 624-3077
J-1776-August 11, 18, 25, 1982

LEGAL NOTICE A-94385
NOTICE OF DEATH OF
INDA M. NEHLS aka
INDA MAY NEHLS
AND OF PETITION
TO ADMINISTER ESTATE
CASE NUMBER: 220061-1
ESTATE OF
INDA M. NEHLS aka
INDA MAY NEHLS

Decedent.
To all heirs, beneficiaries, creditors and contingent creditors of INDA M. NEHLS aka INDA MAY NEHLS.

A petition has been filed by ROBERT L. NEHLS in the Superior Court of Alameda County requesting that ROBERT L. NEHLS be appointed as personal representative to administer the estate of the decedent.

The petition requests authority to administer the estate under the Independent Administration of Estates Act.

A hearing on the petition will be held on August 23, 1982 at 9:30 am in Dept. 19 at 1221 Oak Street, Oakland, California, 94612.

IF YOU OBJECT to the granting of the petition, you should either appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court or present it to the personal representative appointed by the court within four months from the date of first issuance of letters as provided in section 700 of the California Probate Code.

The time for filing claims will not expire prior to four months from the date of the hearing notice above.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file a request with the court to receive special notice of the filing of the inventory of estate assets and of the petitions, accounts and reports described in section 1200.5 of the California Probate Code.

Attorney for petitioner
WILLIAM F. JOHNS
1301 Solano Avenue
Albany, California 94706
3504A-August 8, 11, 18, 1982

LEGAL NOTICE A-93565
FICTITIOUS BUSINESS
NAME STATEMENT
FILE NO. 58581

The following persons are doing business as:

1585 SOLANO
1585 Solano Ave.
Albany, CA 94706

ANN P. PRING
632 Evelyn Avenue
Albany, CA 94706

STEPHEN J. PRING
632 Evelyn Ave.
Albany, CA 94706

This business is conducted by a general partnership.
Signed:
ANN PIPER PRING
This statement was filed with the County Clerk of Alameda County on July 27, 1982.

CERTIFICATION
I hereby certify that the foregoing is a correct copy of the original on file in my office.

RENE C. DAVIDSON,
County Clerk
Alameda County
By: GENEVIEVE GLANZ
Deputy
3501A-August 4, 11, 18, 25, 1982

PUBLIC NOTICE

LEGAL NOTICE A-94347
1981-82 Delinquent Weed List
Of the City of Albany, County of Alameda, State of California for the year 1981-82.

IMPORTANT NOTICE
Public notice is hereby given that unless the Delinquent Weed Tax together with the cost and penalties as shown on the list below in dollars and cents opposite the description of the property, are paid, the property upon which such Weed Taxes and Assessments are a lien, hereinafter described, will be sold to the City of Albany as provided by the Code of the City of Albany, and that I, JoAnn K. Honer, Tax Collector of said City, in accordance with the provisions of said Code, unless the Weed Taxes are paid as aforesaid, will upon the 13th day of September, at the hour of five o'clock PM in the Tax Collector's Office in said City, sell said property to the City of Albany.

PROPERTY DESCRIPTION EXPLAINED
Property hereinafter listed is described by reference to Assessor's Maps on file in the office of the Assessor, County of Alameda, State of California.

1981-82 Delinquent Weed List

Description of Property
66-2753-16-1

Owner's Name
Stephen & Yolanda Tong

Total Due
\$ 148.37

66-2687-7
Notice is hereby given that I, JoAnn K. Honer, Tax Collector of the City of Albany, will sell off the property described in this list of Delinquent Weed Tax which remains unpaid, to the City of Albany under authority granted by the regulation of the Code of the City of Albany, Chapter 25, Taxation, on Monday, September 13, 1982.

Sale will take place at the city offices, 1000 San Pablo Avenue, City of Albany, County of Alameda, State of California.
JO ANN K. HONER
Tax Collector, City of Albany
3503A-August 11, 18, 1982

PUBLIC NOTICE

LEGAL NOTICE A-94263
ORDINANCE NO. 82-010
AN ORDINANCE OF THE COUNCIL OF THE CITY OF ALBANY AMENDING CHAPTER 7, ARTICLE I, SECTION 7.3 OF THE ALBANY MUNICIPAL CODE RELATING TO ENCROACHMENT PERMITS.

THE COUNCIL OF THE CITY OF ALBANY HEREBY ORDAINS AS FOLLOWS:

Section 1: Chapter 7, Article I, Section 7.3 is hereby amended to read as follows:

Section 7.3. Same-Same-Application, issuance and effect.

Application for an encroachment permit required by the preceding section shall be made by the property owner to the City Engineer, upon such forms as he shall prescribe, and shall be accompanied by the payment of a fee in an amount set by Resolution of the City Council.

The application form shall include: a description and sketch of the encroachment, and signed agreements to indemnify and hold the City harmless and to abide by Sections 7.1 through 7.6 of the Albany City Code.

The City Engineer shall review the application for conformance with Encroachment Guidelines developed by the Public Works Department to assure safety and appropriate design of the request. He shall make a recommendation for approval, approval with conditions, or denial, to the City Council within one (1) month of receipt of the completed application.

A permit may be issued by the City Council upon such terms and conditions as may be imposed by the Council and may be revoked or cancelled at any time by the Council.

An encroachment permit for a commercial sign or awning subject to the provisions of the Sign Ordinance, or for an encroachment for

PUBLIC NOTICE

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JO ANN K. HONER
Tax Collector, City of Albany
3503A-August 11, 18, 1982

PUBLIC NOTICE

a period less than thirty (30) days, may be granted by the City Engineer.

The permit shall grant no right in or to the use or occupancy of public property, other than that explicitly contained therein, and shall not be construed as a grant of any right or interest in the property affected thereby.

Section 2: This Ordinance shall be published once in the Times-Journal, a newspaper of general circulation within the City of Albany, which said newspaper is designated for that purpose, and shall become effective on and after its final passage, adoption and publication.

RUTH J. GANONG
Mayor of the City of Albany

STATE OF CALIFORNIA
COUNTY OF ALAMEDA ss.
CITY OF ALBANY

I, JACQUELINE BUCHOLZ, City Clerk of the City of Albany, California, do hereby certify that the whole number of members of the City Council of the said City of Albany is five; that the foregoing Ordinance, being ORDINANCE NO. 82-010, was passed and adopted by the said City Council, approved and signed by the Mayor of said City and attested by the City Clerk of said City, all at a regular meeting of the said Council on the 2nd day of August, 1982 A.D., and that the same was so passed and adopted by the following votes:

AYES: Councilmembers John Kruse, McManus, Rotramel & Mayor Ganong
NOES: None
ABSENT:

IN WITNESS WHEREOF, I have hereunto set my hand and affixed the official seal of the City of Albany, this 3rd day of August, 1982.

JACQUELINE BUCHOLZ
City Clerk
3502A-August 11, 1982

Inter-racial picnic planned

On Aug. 22 East Bay OURS will have a picnic in Albany.

OURS is a group for families with children who have been adopted from racial groups different from their own.

OURS — the Organization for a Racially Unified Society — is based in Minnesota. The East Bay group has more than 40 families. The children have been adopted privately and through agencies, and come from such as Korea, Thailand, Colombia, Mexico, and other racial background: Eurasian, Afro-American, Bi-racial.

East Bay OURS families get together for picnics and other social activities. Children enjoy meeting other interracial families.

For more information, call Sarah Cerreto at 237-2374.

Sennin-Do sets classes

ALBANY — The Sennin Organization, in conjunction with the Albany Parks and Recreation Department, is offering new classes in the Sennin-Do martial arts and physical growth.

Held at the Sennin Organization's studio, these summer classes originate from the spiritual traditions of the Far East. Sennin-Do is taught only in small groups of serious students. Mind and body unification through meditation, breathing exercises, stretching, and a variety of other personal disciplines.

The organization says, "Sennin-Do disciplines to allow the public to grasp a more meaningful spiritual well-being and health."

Separate and optional instruction is given to children. Sennin Ryoji is a healing and increasing one's life force by pressing thumbs and fingers," the organization says.

Attendance is limited and prompt registration. For information call 526-7511 or 237-2374.

NOTICE

NOTICE IS HEREBY GIVEN, that the City of Albany has scheduled a public hearing on Monday, August 23, 1982, at 9:00 a.m. in the Council Chamber, 1000 San Pablo Avenue, Albany to discuss:

(a) To review the performance of the Community Development (HCD) Program 1982 program year.

(b) To review the funding application for the Community Development (HCD) Program 1983-1984 program year.

Persons interested and desiring to be present at the time and place above mentioned, should communicate in writing to the City Clerk, the meeting.

NOTICE IS GIVEN PURSUANT TO THE PROVISIONS OF THE ALBANY CITY CODE.

JACQUELINE BUCHOLZ
CITY CLERK

**Presenting
Canada Dry Seltzer
Salt Free Sparkling Water**

**Less than 10 milligrams sodium
per eight-ounce serving
and per 100 grams.**

Canada Dry presents Canada Dry® Seltzer Salt Free Sparkling Water, with less than 10 milligrams sodium per eight-ounce serving and per 100 grams. It's pure. It's natural. And, there's no salt added. You get all the sparkle and crisp, clean taste you want in a sparkling water. And there are absolutely no calories. No salt added. It's as pure and simple as that.



**The smart drink.
Pure and simple.**

25¢ OFF Your Next Purchase of One Family Size Bottle or One 10 oz. Convenience Pack of Seltzer Salt Free Sparkling Water

Mr. Dealer: As our redemption agent, we will pay you 25¢ per bottle or pack of Seltzer Salt Free Sparkling Water, in accordance with the terms of offer stated below.
COUPON OFFER TERMS: Coupon good only when redeemed from consumer for one family size bottle (28 oz. 32 oz. or 10 oz. convenience pack of Seltzer Salt Free Sparkling Water). Consumer must pay only sales tax. Coupon non-transferable and cannot be used in conjunction with any other offer. Coupon good only on purchase of stock to cover coupons must be presented through redemption agent. Coupons not honored if presented through redemption agent or others not authorized by us to present coupons for redemption. Cash value 1/20¢ off, void where taxed, prohibited or restricted. To: Canada Dry Corporation, P.O. Box 1789, Canton, Mass 01921. Expires December 31, 1982.

25¢ Look for Canada Dry Seltzer Salt Free Sparkling Water in the sparkling water section of your supermarket.